

We pray for all families within our communities and our Church. Each one is made up differently and face the normal ups and downs of family life in different ways. We pray that each family finds a place in it for the love of Jesus Christ and that special peace which it brings. We pray especially for families known to us who are coping with illness, poverty, racial hatred or tragedy. Show us where we can lend a sympathetic ear, speak a word of comfort or offer practical help and so show your love in action. *Pray for The Diocese of Etche – The Church of Nigeria (Anglican Communion)*

**TUESDAY 28**

Lord, we thank you for our family; for the talents and good things that you have given each of us. We thank you for the place in which we dwell; for the love that unites us; for the peace accorded to us this day; for the hope with which we expect tomorrow; for the health, the work, the food and for our friends in all parts of the earth. Please guide us, protect us and equip us, this day and every day as we grow together in Your love. *Pray for The Diocese of Etsako – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**WEDNESDAY 29-International Day of UN Peacekeepers, recognized by the UN**

O God of hope and peace, protect the more than 100,000 UN peacekeepers deployed around our world to bring warring parties to negotiate peace, enforce ceasefires, and rebuild hope, as well as societies devastated by war. Inspired by their courageous and selfless service, may we become peacemakers and peacekeepers in our home, community, and in the political process in our community, province and nation. *Pray for The Diocese in Europe – The Church of England*

**THURSDAY 30-CORPUS CHRISTI: COMMEMORATION OF THE HOLY EUCHARIST**

Father Almighty, whose only Son was given to establish a new covenant, hear these our prayers that we may always be one with you in your kingdom. We pray that the Church always and everywhere gives thanks for the gift of the Eucharist; that people everywhere be willing to surrender themselves for the good of others: that the hungry receive their daily bread and that we, gathered for this Eucharist, may be nourished for the journey to eternal life. Amen. *Pray for The Convocation of Episcopal Churches in Europe – The Episcopal Church (Anglican Cycle of Prayer)*

**FRIDAY 31-THE VISITATION OF THE BLESSED VIRGIN MARY**

Father, you have given all peoples one common origin. It is your will that they be gathered together as one family in yourself. Fill the hearts of mankind with the fire of your love and with the desire to ensure justice for all. By sharing the good things you give us, may we secure equality for all our brothers and sisters throughout the world. May there be an end to division, strife and war. May there be a dawning of a truly human society built on love and peace. We ask this in the name of Jesus, our Lord. *Pray for The Diocese of Eyo – The Church of Nigeria (Anglican Communion)*

**The Archdeacons of Breede Valley and Overberg to submit their prayers by 6 May**

**PRAYERS FOR PARISHES AND PEOPLE OF THE DIOCESE OF FALSE BAY  
PREPARED BY MIDGE AND MIKE GRAHAM  
EMAILED BY THE DIOCESAN OFFICE**

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**PRAYERS AND INTERCESSIONS  
FOR THE PEOPLE AND PARISHES OF  
THE DIOCESE OF FALSE BAY**

**MAY 2024**

**PRAYER THOUGHT FOR THE MONTH:**

In the face of all opposition, Lord, Your Word sustains me

**ARCHDEACONRY OF MITCHELL'S PLAIN**

**EVENTS IN THIS WEEK: 1-4 MAY**

- 1 WORKERS DAY**
- 4 SocDev Life Skills Workshop
- 4 Fellowship of Vocation
- 4 Angl. Youth Fell. Bible Study/Leadership Wkshop
- 4 Confirmation: Parish of Robertson

**WEDNESDAY 1-ST JOSEPH**

International Workers' Day

God our Maker, in the beginning, you called men and women to be stewards of the earth you created and gave them meaningful work to do. Still today you call us to do your work and bless us in our activities. We praise you when we find meaning for life as well as the means to our daily bread in our jobs and careers. We thank you for the variety of our vocations, which add richness to society and fill needs in our communities, our nation, and our world. Give your grace to all who labor in our land and across the globe, so they may glorify you through what they do. *Pray for The Diocese of Central Ecuador – The Episcopal Church (Anglican C of P)*

**THURSDAY 2-Athanasius, Bishop of Alexandria and Teacher of the Faith, 373**

We offer to you, Loving God, the gifts and the needs of our youth. Bless them with your guiding grace as they face the challenges and opportunities in their lives. Touch their hearts with the gentleness of your love, that they may know they are valued and valuable beings. Send your spirit of hope to their lives, that they may believe in themselves and know they are needed in this world. Grace them with the gift of joy that they may celebrate life through laughter and tears alike. Guide us, as we continue to grow in appreciation of the many gifts of young people, in the ministry opportunities we offer to them, in the journey of faith we walk with them, in our shared mission as a community called to discipleship in the world. We ask this in Jesus' name. Amen. *Pray for The Diocese of Edinburgh – The Scottish Episcopal Church (Anglican C of P)*

**FRIDAY 3-ST PHILIP AND ST JAMES, APOSTLES**

We pray for the feast day of St Philip and St James. We pray that we might all grow in our discipleship and our willingness to be disciples to others. Father, transform our lives, so that we

may accomplish your purpose. Anoint us with your Spirit that we might bring good news to the oppressed, bind up the broken-hearted and proclaim the release of the captive. Give us a new urgency and a new commitment to feed the hungry, clothe the naked, shelter the homeless, and visit those who live in isolation. Help us to reach out to those whom no one else will touch, to accept the unacceptable, and to embrace the enemy. Surround us with your love, fill us with your grace, and strengthen us for your service. *Pray for The Diocese of Edmonton – The Anglican Church of Canada (Anglican Cycle of Prayer)*

#### **SATURDAY 4-Monica, Mother of Augustine of Hippo, 387**

Compassionate and loving God, you created the world for us all to share, a world of beauty and plenty. Create in us a desire to live simply so that our lives may reflect your generosity. Creator God, you gave us responsibility for the earth, a world of riches and delight. Create in us a desire to live sustainably so that those who follow after us may enjoy the fruits of your creation. God of peace and justice, you give us the capacity to change, to bring about a world that mirrors your image. Create in us a desire for solidarity so that the pillars of injustice crumble and those now crushed are set free. Amen. Pray for all to be confirmed today in the Parish of Robertson. *Pray for The Diocese of Saint Edmundsbury and Ipswich – The Church of England (Anglican Cycle of P)*

#### **EVENTS IN THIS WEEK: 5-11 MAY**

- 5 CLG Brigade Sunday Woodlands
- 7 Blue Downs Arch Chapter
- 9 Mountain Bay Archd. Clergy Fell. L/River
- 11 Mountain Bay PCC Training Day L/River
- 11 Blue Downs Arch Council
- 11 Anglican Women's Fellowship Executive
- 11 Guild: Bernard Mizeki Boland East Cluster Revival Service @ Philippi

#### **SUNDAY 5-SIXTH SUNDAY OF EASTER**

Forgive us for the darkness of our sinful suspicions and venomous fears, and convert them into faithful trust in the joys of friendship; “bend our pride to your control.” Guide us by the holiness of your spirit, that we may apply the building blocks you grant us: let us use our sturdy bricks, not to build walls that divide us, but to construct bridges that can join us together. Help us to break open the boundaries that separate, and transform them into gateways of holy hospitality. *Pray for Igreja Episcopal Anglicana do Brasil (Anglican Cycle of Prayer)*

#### **MONDAY 6-ST JOHN, APOSTLE CHRIST THE REDEEMER, WESTRIDGE**

We give thanks to God for new mercies each day. Thank you, Lord, for our newly elected Churchwardens and Councillors. Keep them committed to the task, together with the clergy and Parishioners. We pray for the Candidates who were confirmed on 21 April 2024. May we as a Parish walk alongside them, as they continue to grow in faith. We are grateful for the ministry of our Caring Group, who lovingly serve a meal, on a weekly basis, to those who are destitute. We continue to pray for the protection of our young people, especially during these trying times. *Pray for The Diocese of Egba – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

#### **TUESDAY 7**

Lord, we pray for a world which struggles to live justly and for those who have to search for daily food or walk long distances for clean water. We remember with sadness those whose lives are cut short by disease or violence, and for those who have fled their homes in fear. We pray for those who meet persecution and torture with courage and dignity. We remember the weak, the

malnutrition, illness and disease; for those living in fear of the bombing. As we remember them, we now pray for those who work for peace and justice, and for those trying to show love and care to the desperate and helpless. May they succeed in bringing hope and purpose into their lives. We pray for an end to all conflict and suffering in all countries. Lord God, make us your rainbow people—glorying in our God-given variety, passionate for peace, trusting in your grace, in the name of Jesus Christ, the hope of the world. *Pray for The Diocese of Enugu North – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

#### **FRIDAY 24-Ember Day CHRIST THE SAVIOUR, LENTEGEUR**

We pray for our Parish, Christ the Saviour. We pray for our Rector, Fr. Gugulethu Ningi and we pray for the newly elected Office Bearers, Wardens and parish Council. We thank God for our Lay Ministers, for our Servers Guild. We thank God for all our Organisations and the Office Staff. We pray for the project of the windows, that needs to be completed and the Garden of Remembrance. We thank God for those who have been laid to rest during the Lenten Tide, we pray for their families. We pray for the team who is preparing for our 40<sup>th</sup> Anniversary, taking place on the 15<sup>th</sup> November 2024. We pray for wisdom and courage. We pray for those who are to be confirmed, we pray for their families and for their spiritual growth. We thank God for all his mercy and his love upon the parish of Christ the Saviour. *Amen. Pray for The Diocese of Esan – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

#### **SATURDAY 25-The Venerable Bede, Teacher of the Faith, 735 also AFRICA DAY**

O Lord, Creator of the entire world, O Loving God, this prayer is for Africa. Bless the plains, rivers, trees and all the African lands. Bless the birds, fish and animals that bring beauty and abundance to Africa. Bless O Lord, your children in Africa; dry their tears; bring hope into their hearts; health and safety to their lives; food and water for their nourishment. Bring peace to their countries and still the guns of war. Bless us, O Lord, and heal your continent of Africa. Renew the land, renew the spirit of all those who are wounded in any way. May justice roll down like water on the parched ground of your beloved Africa. Amen. *Pray for The Diocese of Eswatini – The Anglican Church of Southern Africa (Anglican Cycle of Prayer)*

#### **EVENTS IN THIS WEEK: 26-31 MAY**

- 26 Confirmation: St Peter's, Bot River
- 26-2<sup>June</sup> Child Protection Week
- 26 Anglican Communion Sunday
- 26 Church Men's Society Gospel Aftern. Robertson
- 26 Girls Bafana Friendly Society Worcester Revival
- 27-31 SocDev Child Protection Programmes
- 30 **CORPUS CHRISTI**
- 30 Mountain Bay Archd. Corpus Christi F/Hoek
- 30 **DIOCESAN CHAPTER**

#### **SUNDAY 26-TRINITY SUNDAY also Anglican Communion Sunday**

Glorious Trinity, make your presence known in this place through our worship, our prayers, the reading of your Word. Father, Son, Holy Spirit within whose unity lies all that is you; perfect love, justice, peace and power. As we gather here today as your body, your Church throughout this world, fill our hearts with your spirit and encircle us with your love. Make yourself known to us in new ways, exciting ways, and challenging ways. Empower us. Inspire us. Glorious Trinity. Pray for all to be confirmed today at St Peter's, Bot River. *Pray for The Church of the Province of Central Africa (Anglican Cycle of Prayer)*

#### **MONDAY 27**

**SUNDAY 19-THE DAY OF PENTECOST**

Almighty God, who on the day of Pentecost opened the way for the preaching of the Gospel to people of every race, nation and tongue by the promised gift of the Holy Spirit; renew your Church in the power of the same Spirit, that its witness may reach to the ends of the earth and all may see your salvation revealed in Jesus Christ our Lord. Pray for all to be confirmed today at Christ the King, Rocklands. *Pray for The Anglican Church of Canada (Anglican C of Prayer)*

**MONDAY 20-MONDAY AFTER THE SEVENTH SUNDAY OF THE YEAR  
CHRIST THE RECONCILER, TAFELSIG**

Eternal God, we give thanks and praise for the God you are in our lives. A God of grace, mercy and forgiveness; whose all encompassing love surrounds us each day. In a community with so many socio-economic challenges, when darkness seems to surround us; let us never lose hope, the hope we have in our Lord and Saviour Jesus Christ. We pray for Revd Marlon Porter and give thanks for his guidance and leadership. Bless the various ministries in the church with our wardens and parish councillors, as they lead your people in this part of your vineyard. We pray for the community of Tafelsig and its many challenges: gangsterism, violence, abuse of women and children, the elderly and broken families; may the light of Christ be a beacon of hope to all who suffer: the sick, the poor, the marginalised, the oppressed, and abused. We pray for those in hospitals, mental institutions, old age homes, prisons and rehabilitation centres; give them the healing that only you give. We give thanks and praise to God for the building of a police station which has now commenced in our community, which will go a long way to assist with crime in the area. *Pray for The Diocese of Ely – The Church of England (Anglican Cycle of Prayer)*

**TUESDAY 21-Helena, Mother of the Emperor Constantine, 4th century**

Father we pray for ourselves. You know the needs of human life. We ask you to help us as we seek to live our lives according to your example. Help us by your presence to overcome our hasty speech that hurts others, to be free from greed and selfishness, from pride and jealousy that spoil our life. Help us to curb our temper, to be free from moodiness and wanting our own way. Let your presence help us to care about the feelings of others, to be gentle and ready to say we are sorry. You know us Lord, bring the best out of us so that our lives may reflect your way for the world. You can heal all our ills and deliver us from every kind of trouble. Make us whole we pray, both in mind and spirit that we may be agents of your healing in the world. *Pray for The Diocese of Embu – The Anglican Church of Kenya (Anglican Cycle of Prayer)*

**WEDNESDAY 22-Ember Day  
LENTEGEUR PSYCHIATRIC HOSPITAL.**

Merciful Father we give thanks for the ministry of the Chaplain Rev Desiree as she strives to be blessing to staff and patients at Lentegour Psychiatric Hospital. Lord, we bring before you the needs of the hospital where the institution is faced with cuts in the budget to Health Care. We pray for the CEO Warren Ceasar together with management as they have the difficult task to manage the hospital and all its needs within the budget. We pray for the diligence of the staff as they are committed to their calling to care for the patients while also supporting the patients families. We bring before you all the patients who struggle with addiction and challenging social issues. May God be their source of strength as they seek his face. We bring before you the families of the patients where many need psycho education so that they understand how to be caring and supportive to the patient. Lord, help all people to understand that Mental Illness is not shameful or disgraceful but an illness affecting the brain. *Pray for The Diocese of Enugu – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**THURSDAY 23**

We pray for people whose humanity is denied by others; for those who have fled from oppressions within their own country; for those without homes and food; for those suffering from

oppressed, the neglected and the abused. May all obstacles to their healing and wholeness be removed through the outpouring of your love and hope. *Pray for The Diocese of Egba-West – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**WEDNESDAY 8** Time of Remembrance and Reconciliation for Those Who Lost Their Lives during the Second World War, recognized by the UN

**ST FRANCIS OF ASSISI, STRANDFONTEIN**

Thine be the glory; risen, conquering Son. We give thanks to God for carrying us through our Lenten Journey to the joyful resurrection of our Lord Jesus Christ. We give God thanks for all our parishioners, organisations and leaders. We pray for our wardens, parish council, lay ministers and clergy, asking God to guide and bless us. We pray for all who are seeking employment, all who are sick & lonely and all who mourn. We pray for all NPO's, safety, health, religious and educational institutions, and all small businesses in our community, that all may prosper. We pray for an end to war across the world. We pray for peace and sensibility in our own Country in the run-up to elections. *Pray for The Diocese of Egbu – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**THURSDAY 9-ASCENSION DAY**

O Lord, Your Ascension into heaven marks the culmination of the Paschal Mystery and it contains an important teaching for us. May we live life as an earthly reality and develop our human potential to the fullest. May we make use of the results of science to achieve a better life on this planet; but in our best moments we know that there must be more than all of this, a transcending reality. As Christians, we know that this reality is Your loving Father who awaits us with You and the Holy Spirit. Where You have gone, we ultimately will come. *Pray for The Diocese of Egypt – The Episcopal / Anglican Province of Alexandria (Anglican C of Prayer)*

**FRIDAY 10****CHRIST THE KING, ROCKLANDS.**

Almighty God and creator of humankind, we pray for our young adults that you may lead them with your unfailing love, that they may discover themselves as a person created by and loved by you. May they be protected from evil influences and wrong choices. We thank you for the leadership of Rev. Gregory Lamond together with the church wardens and parish council. We pray for all our dedicated organisational members within our parish as they commit themselves. We continue to pray for our confirmation candidates. *Pray for The Diocese of Eha-Amufu – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**SATURDAY 11**

The water that God called into being is at the heart of all that lives. Mindful of the many ways water affects our lives; let us pray for our waters and for the life of the world around us. We pray for the leaders of nations, corporations, and communities around the world, that they may exercise wise stewardship over the waters of their lands, so that all people may have clean water to drink and live free from waterborne diseases. We keep in our prayers all who suffer from too much water in the destruction of flood, storm, tsunami, and ice; and for those people and creatures who suffer as the glaciers and ice floes vanish. We offer prayers for all who thirst for water, for health, for love, for wisdom, for God, that their cups may be filled to overflowing. Blessed God, in your wisdom you uphold creation and renew it again and again. Help us to see all water as holy water, and all our concerns as bathed in the living water Christ gives us, in whose name we pray. *Amen. Pray for The Diocese of Ekiti – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**SUNDAY 12-SEVENTH SUNDAY OF EASTER**

We pray for the world-wide Christian church that it may continue to teach the Good News of

Jesus with honesty, courage and sensitivity. We pray especially for people facing religious intolerance, even violence. Give them courage to stay true to their beliefs and help us all to use every opportunity to build bridges between peoples and communities, to promote understanding and tolerance. Pray for all to be confirmed today at St Philip's, Gordon's Bay. *Pray for The Anglican Church of Burundi (Anglican Cycle of Prayer)*

**EVENTS IN THIS WEEK: 12-18 MAY**

- 12 Confirmation: St Philip's, Gordon's Bay
- 12 Helderberg Arch Pulpit Exchange
- 12 International Nurses Day
- 12 MOTHER'S DAY
- 14 Overberg Arch Chapter @ Hawston
- 16 Clergy Spouse Quiet Day
- 18 Diocesan Layminister Forum @ St Augustan, Lotus river
- 18 Post Ordination Training
- 18 Anglican Women's Fellowship Branch Meetings
- 18 Guild: Serv. Sanctuary Executive Held. Archd.
- 18 SocDev Board Meeting
- 18 Overberg Arch Council @ Elgin

**MONDAY 13-Elizabeth Paul**

**CHRIST THE MEDIATOR, PORTLANDS WITH THE CHAPELRY OF CHRIST THE GOOD SHEPHERD**

Merciful Lord, we give you thanks and praise for your grace and mercy. We are especially thankful for the way that you embrace us with your love. In our prayers we come before you in humble adoration as we give you thanks for our parish of Christ the Mediator in Portland, together with our chapelry of Christ the Good Shepherd in Eastridge. We pray for our rector and currently also the interim Archdeacon of Mitchell's Plain Archdeaconry the Venerable Dean Apples, the Reverend Gail Manoek who recently joined the parish and the Reverend Stanton Robertson. We praise and thank you for their leadership and teaching. May you continue to keep them ever closer to your sacred heart. We pray for their spouses Georgina Apples, Gaylenn Robertson and Reverend Gail Manoek's mother, Grace Dempers. We thank you for their continual support, love and commitment. We give thanks for the elected Church and Chapel wardens, Parish and Chapelry Councillors together with all the Organisations and Ministries; we give you thanks and praise for their willingness to serve and for their commitment towards your church. Lord, you are the God of our countenance who knows our every need before we ask; we pray that you may watch over our communities, protect our children and surround them with your presence wherever they go and whatever they do. Ons Almagtige hemelse Vader, ons is dankbaar dat U ons op baie maniere seën, en ons glo dat U ons gebede verhoor, wees spesiaal met die ouer van dae, en ontferm hulle met U genade. Merciful Father, accept these our prayers for the sake of your Son, our Saviour and Redeemer Jesus Christ. Amen. *Pray for The Diocese of Ekiti Kwara – The Church of Nigeria (Anglican Communion)*

**TUESDAY 14-ST MATTHIAS, APOSTLE**

Creator God, you make all things and weave them together in an intricate tapestry of life. Teach us to respect the fragile balance of life and to care for all the gifts of your creation. Give us wisdom and reverence for all your plants and animals who share this planet with us and whose lives make possible our own. Guide by your wisdom those who have power and authority, that, by the decisions they make, life may be cherished and a good and fruitful Earth may continue to show your glory and sing your praises. *Pray for Diocese of Ekiti Oke – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**WEDNESDAY 15**

**ST PAUL, PHILIPPI**

We bring before you God, our prayers for peaceful elections. May all those duly elected leaders, serve with integrity. We pray they will be able to work together to improve the livelihood of people, and not focus more on what political party they come from. We pray with heavy hearts, for an end to wars. We pray for our Bishops, bless them with wisdom, as we discern being Church, in challenging times. Forgive us for all times we have failed to love each other, as you love us. Amen. *Pray for The Diocese of Ekiti West – The Church of Nigeria (Anglican Communion) (Anglican Cycle of Prayer)*

**THURSDAY 16**

Almighty God, you who reveal yourself in mystery and majesty, in the depths of our being, drawing us to share in your life and your love; hear these our prayers. May all people in the Church faithfully worship the triune God with praise and thanksgiving. May peoples of all nations come to salvation through openness to God's presence. May all those who feel unworthy of God's love come to know that they are God's children. We ask this in your name. Amen *Pray for The Diocese of Eldoret – The Anglican Church of Kenya (A Cycle of Prayer)*

**FRIDAY 17**

**ANNUNCIATION, WOODLANDS**

Most gracious God, we thank you for the community of Woodlands, for your continued love for all of us. We give you thanks for the ministry of Revd Victor Jones, who has now retired. We pray for him as he enters a new season. We thank you for his wife Priscilla who has supported him. We also pray for her speedy recovery after an eye operation. We pray for your blessings to be upon us during this period of interregnum. We thank you for the newly elected Churchwardens, and Parish Councillors. We thank you for the ministry of the Archdeacon who will come alongside us during this time. Go before us, Lord, in all our doings with your most gracious favour and encourage us with your continual help that in all our works begun, continued, and ended in you we may glorify your holy Name and finally, by your mercy obtain the fulness of eternal life; through Jesus Christ our Lord. Amen. *Pray for The Diocese of Port Elizabeth – The Anglican Church of Southern Africa (Anglican Cycle of Prayer)*

**SATURDAY 18**

Give grace to us, our families and friends, and to all our neighbours that we may serve Christ in one another and love as he loves us. Help us to make our homes patterns of your love, places of deep joy and peace, and unite us all, one to another in the circle of your love. *Pray for The Diocese of El-Obeid – Province of the Episcopal Church of Sudan (Anglican Cycle of Prayer)*

**EVENTS IN THIS WEEK: 19-25 MAY**

- 19 Confirmation: Christ the King, Rocklands
- 19 **PENTECOST**
- 19 Overberg Arch Pentecost Service @ Hawston
- 19 Helderberg Arch Pentecost Service @ Macassar
- 19 Breede Valley Arch Pentecost Service Worcester
- 19 Guild: St Mary Magdalene Executive
- 20-23 **EXTENDED CHAPTER**
- 25 Africa Day
- 25 Anglican Women's Fellowship Diocesan Workshop
- 25 Guild: St Mary Magdalene AGM Philippi
- 25 Mothers Union Feast of Visitation Eastridge
- 25 Guild: Bernard Mizeki Executive Sibanye
- 25 SocDev Child Protection Training