

PRAYERS AND INTERCESSIONS
FOR THE PEOPLE AND PARISHES OF
THE DIOCESE OF FALSE BAY

JANUARY 2022

PRAYER THOUGHT FOR THE MONTH:

In the silence of Your Peace, Lord, I wait upon you for guidance

DIOCESAN PRAYERS

EVENTS IN THIS WEEK: 1-8 January

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| 1 | NEW YEARS DAY |
| 8 | AWF Executive Meeting Rotterdam |

SATURDAY 1-THE HOLY NAME OF JESUS: THE CIRCUMCISION OF CHRIST

May God make our year a happy one. Not by shielding us from sorrow and pain, but by strengthening us to bear it, as it comes; Not by making our path easy, but by making us sturdy to travel any path; Not by taking hardships from us, but by taking fear from our heart; Not by granting us unbroken sunshine, but by keeping our face bright, even in the shadows; Not by making our lives always pleasant, but by showing us when people and their causes need us most, and by making us anxious to be there to help. May God's love, peace, hope and joy be with us for the year ahead. *Pray for The Diocese of Isi mbano – The Church of Nigeria (Anglican Communion) (Owerri Province) (Anglican Cycle of Prayer)*

SUNDAY 2-SECOND SUNDAY AFTER CHRISTMAS

Father, be with the leaders of your flock in their needs today. Help your bishops and priests to interpret the Gospel message with clarity and urgency, witnessing in their own lives to the teaching and example of Christ. Fortify and encourage those among them who are fearful and confused; be truly a Father to those who have fallen away. Bless those who are involved in new responses to contemporary needs; guide those who direct and foster dialogue with other Christians, with non-Christians and with the secular city. Assist those who are trying to promote Christian values, that with zeal tempered by prudence, and in the framework of lawful authority, they may help to build up a truly Christian world for man. Send your Holy Spirit in a new outpouring, so that under these leaders chosen by you, the entire People of God may progress in a harmonious cooperation towards their final consummation in unity, truth and love by, with and in your Son Jesus Christ. *Pray for Province de L'Eglise Anglicane Du Congo (Anglican Cycle of Prayer)*

PRAYERS FOR PARISHES AND PEOPLE OF THE DIOCESE OF FALSE BAY

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MONDAY 3

We pray for our world in this time of crisis. We pray particularly for our political and religious leaders – but we all need your support and guidance in these difficult days. May we be more attentive to your message of love. May we, as nations and individuals, learn to reconcile and respect, to labour for justice and peace, and to attend to the needs of all of your children. May we, singly and together, play our part in helping your Kingdom to come in our day. We pray this in Jesus name. Amen. *Pray for The Diocese of Isiala-Ngwa – The Church of Nigeria (Anglican Communion) (Aba Province) (Anglican Cycle of Prayer)*

TUESDAY 4

We continue to pray for peace in your world, and especially for those involved in the process of reconciliation and bridge building between peoples, cultures or nations. We give thanks for the cessation of hostilities in and around the world but pray for those for whom it has come too late. We pray for all innocent victims of violence both in the Middle East and in other war-torn parts of the world. Help us wherever and whenever we can in our everyday lives to be instruments of your peace. We are called to challenge injustice in all its forms and we pray for all aid agencies bringing hope to peoples in desperation and in situations that often seem hopeless. Help us to remember those who are without even the most basic necessities of life and for whom Christ also died. Lord in Your mercy. - 'Hear our prayer'. *Pray for The Diocese of Isial-Ngwa South – The Church of Nigeria (Anglican Communion) (Aba Province) (Anglican Cycle of Prayer)*

WEDNESDAY 5

We pray for our own nation, our president, ministers and for all who serve the people at all levels of government and responsibility. The current and deepening financial crisis creates uncertainties and hardship at all levels of our society and we pray for careful and considered leadership that transcends party politics and works for the betterment of all sections of our diverse society. As we see the jobless total rise and the increase in the reality of house repossessions on our tv screens we pray for all charities who work to improve the lives of those blighted by misfortune and earnestly pray that our nation will still maintain its levels of giving. Help us all to play our part in earning and maintaining a just, equitable and loving society with Christ at the center of our lives. *Pray for The Diocese of Isikwuato – The Church of Nigeria (Anglican Communion) (Aba Province) (Anglican Cycle of Prayer)*

THURSDAY 6-THE EPIPHANY OF OUR LORD

During these days of the Christmas season, we keep this Feast of Epiphany, celebrating the manifestation of Christ to the Magi, and thereby to the whole world. Today, Christ is manifest to us! Today this church is a holy place because of the presence of Christ here. O God, Lord of all that exists, you revealed your only-begotten Son to every nation by the guidance of a star. Bless this church and all who worship in it. Fill each of us with the light of Christ, that our concern for others may reflect your love. May we, through your guidance and our faithful obedience, find new ways of holding the Light of your love so that it may be a Light of revelation for all people. We thank you for your love, praise you for your Gift, ask for your continued Presence with us, and bring these petitions in the name of your Son, who has truly revealed your heart. Amen. *Pray for The Diocese of Northern Izon – The Church of Nigeria (Anglican Communion) (Niger Delta Province) (Anglican Cycle of Prayer)*

FRIDAY 7

Lord Jesus, we turn our thoughts and prayers to those who are in physical, mental or spiritual need, and let our prayers extend to those who faithfully and lovingly care for them in whatever location or capacity. We pray for those who reach out to those in need to help them to know that they are not forgotten. We bring before you now those known to us who are in any sort of need at this time. In a moment of silence we name them in our hearts and commit them to your loving care

to where we are now. We are grateful for the opportunity to walk this planet, to breathe the air, to taste the food, to experience sensations of a human body/mind, to share in this wonder that is life. We are grateful for the natural world that supports us, for the community of humankind that enables us to do many wondrous things. We are grateful that as intelligent beings we can reflect upon the many gifts we have been given. *Pray for The Diocese of Kajo-Keji – The Province of the Episcopal Church of South Sudan (Central Equatoria Province) (Anglican Cycle of Prayer)*

FRIDAY 28-Thomas Aquinas, Teacher of the Faith, 1274

We pray for the Church, that it may be a compassionate community, ready to stand alongside those who suffer the burden of debt. We pray for those who work in government, finance and the law, that they may work towards practical solutions for the problems caused by debt. We pray for those individuals who, because of their debts, feel they have nowhere to turn: that they may know your presence, guidance and peace. We pray for those countries affected by the enormous burden of international debt: for a just and lasting solution to the problems they face. We pray for ourselves, that through our choices, actions and words we may daily live out our faith, and bear witness to you, the source of all good things. Lord, in your mercy, **hear our prayer.** *Pray for The Diocese of Kamango – Province de L'Eglise Anglicane Du Congo (Anglican Cycle of Prayer)*

SATURDAY 29 –Charles Frederick Mackenzie, Bishop in Central Africa, 1862

We give thanks to God for the gift of wonder. Develop in us a quality of freshness that we may never grow stale or spiritually bored or lost in Christian routine. We ask for hearts that are generous and warm. Help us to look for the good in other people and to give thanks for all the daily signs of your grace. Pray for all to be confirmed today at St Saviour's, Napier and St Mary's, Struisbaai. *Pray for The Diocese of Kampala – The Church of the Province of Uganda (Anglican Cycle of Prayer)*

SUNDAY 30-FOURTH SUNDAY AFTER THE EPIPHANY

Loving Father, we place in your gentle hands those who are terminally ill. Ease their pain and heal the damage done to them in body, mind and spirit. Be present to them through the support of their relatives, friends, doctors, nurses and carers. We pray for our hospitals, hospices, care centres and for all those who hold positions of authority in allocating resources and planning services. We pray for all scientists and researchers and those who work for charities, for volunteers and fund raisers. We pray for those whose life on earth is almost at an end. May they be filled with your peace. We pray for those we love but see no longer. They are safe with you where there is no sorrow or pain. We remain united with them in the love of Christ. Pray for all to be confirmed today at All Saints, Bredasdorp and St Andrew's, Arniston. *Pray for The Church of the Province of the Indian Ocean (Anglican Cycle of Prayer)*

MONDAY 31

Almighty God and Creator, you are the Father of all people on the earth. Guide, we pray all the nations and their leaders in the ways of justice and peace. Protect us from the evils of injustice, prejudice, exploitation, conflict and war. Help us to put away mistrust, bitterness and hatred. Teach us to cease the storing and using of implements of war. Lead us to find justice, peace and freedom. Unite us in the making and creating of the tools of peace against ignorance, poverty, disease and oppression. Grant that we may grow in harmony and friendship as brothers and sisters created in Your image, to Your honour and praise. Amen. *Pray for The Diocese of Kano – The Church of Nigeria (Anglican Communion) (Kaduna Province) (Anglican Cycle of Prayer)*

The Archdeaconry of Mitchell's Plain to submit their prayers by 6 January

EVENTS IN THIS WEEK: 23-31 January

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| 23 | Guild: St M Magdalene Executive St Peter Khay. |
| 24 | SocDev MOD Feeding programme starts |
| 25-28 | MU - Wave of prayer |
| 27 | DIOCESAN CHAPTER |
| 28-30 | MU Executive Retreat |
| 29 | Confirmation: St Saviour's Napier St Mary's, Struisbaai |
| 29 | AWF QUIET DAY All Saint's Belhar |
| 29 | Guild: Servants/Sanctuary Comm. O/Berg |
| 29 | Guild: St Mary Magdalene Retreat Mandela Park |
| 29 | MU Branch Retreats |
| 29 | Bernard Mizeki Opening Serv. Worcester |
| 29 | Breede Valley Arch Sunday Sch. Workshop |
| 30 | Confirmation: All Saints, Bredasdorp St Andrew's, Armiston |

MONDAY 24 Francis de Sales, Bishop of Geneva, 1622

We know, Lord, that throughout our lives each of us will experience problems and difficulties. Give us courage and strength at those times and prevent us from looking only at ourselves. Keep our vision wide so that, even in times of difficulty, we may still be of help to others. Help us not to be bitter towards people or situations, but empower us to take the initiative and break the cycle of hatred, bitterness, and evil actions. Help us to transform the difficulties that come our way into opportunities for personal growth and service of others. Amen. *Pray for The Diocese of Kafanchan – The Church of Nigeria (Anglican Communion) (Abuja Province) (Anglican Cycle of Prayer)*

TUESDAY 25-THE CONVERSION OF ST PAUL

We pray for all Christians in Southern Africa today, aware of our many different traditions and understandings, and aware also of our common faith and baptism. May we grow fuller in respect and love for one another. We pray for our own nation today in all its wonderful diversity of history, culture, creed, philosophy and race. May we come to recognise your image and likeness more fully in every one of our sisters and brothers. May we rejoice in those things that make us each distinct and individual while building up the beauty and harmony of your creation. May we appreciate more fully what it really means to call you Father. *Pray for The Diocese of Kagera – The Anglican Church of Tanzania (Anglican Cycle of Prayer)*

WEDNESDAY 26 –Timothy and Titus

God our Father, inspire us with a great respect for all human life from the time of the child growing in the womb to the point of death. May that respect lead us to grow a sense of responsibility for all our brothers and sisters throughout the world, knowing that, where one person suffers and is degraded, all of humanity is belittled and abused. May we grow in a sense of love and care for those less fortunate than ourselves, and lead us to do something about the troubles in our world. Amen. *Pray for The Diocese of Kajiado – The Anglican Church of Kenya (Anglican Cycle of Prayer)*

THURSDAY 27-John Chrysostom, Bishop of Constantinople and Teacher of the Faith, 407

In the spirit of humility we give thanks for all that is. We give thanks for the great people who have shared their wisdom. We give thanks to those who have gone before us and who brought us

(silence). Let those for whom we pray feel your healing touch in their lives and through your unfathomable grace come to know your peace in their lives. Lord in Your mercy. - 'Hear our prayer'. *Pray for The Diocese of Western Izon – The Church of Nigeria (Anglican Communion) (Bendel Province) (Anglican Cycle of Prayer)*

SATURDAY 8

Almighty and everlasting God, you made the universe with all its marvellous order, its atoms, worlds, and galaxies, and the infinite complexity of living creatures: Grant that, as we probe the mysteries of your creation, we may come to know you more truly, and more surely fulfill our role in your eternal purpose; in the name of Jesus Christ our Lord. *Pray for The Diocese of Jabalpur – The (united) Church of North India (Anglican Cycle of Prayer)*

EVENTS IN THIS WEEK: 9-15 January

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| 12 | Schools open |
| 15 | AWF Branch Meetings |
| 15 | MU Executive Kleinvlei |

SUNDAY 9-THE FIRST SUNDAY AFTER THE EPIPHANY: THE BAPTISM OF CHRIST

Heavenly Father, You are the one from whom every family derives its origin. Grant that, in keeping with Your glorious riches we may be strengthened with power through the Spirit for the development of our inner selves. Help us to develop our natural potential to the full while at the same time growing in likeness to Your Son Jesus Christ. Amen. *Pray for Iglesia Anglicana de Chile (Anglican Cycle of Prayer)*

MONDAY 10-William laud, Archbishop of Canterbury and Martyr, 1645

Christ, as we remember your perfect sacrifice, inspire us to follow your example and to work with you to restore a broken world. Motivate us to take action, and grant wisdom and courage to the world's leaders that they can negotiate a fair deal for the world's poor. Remind us that you are with us, and that when we live lives of service, we live them in your name. Amen. *Pray for The Diocese of Jaffna – The (united) Church of South India (Anglican Cycle of Prayer)*

TUESDAY 11-THE HOLY INNOCENTS

Gracious God, We pray for peace in our communities this day. We commit to you all who work for peace and an end to tensions, and those who work to uphold law and justice. We pray for an end to fear; for comfort and support to those who suffer; for calm in our streets and cities; that people may go about their lives in safety and peace. In your mercy, hear our prayers, now and always. **Amen.** *Pray for The Diocese of Jalingo – The Church of Nigeria (Anglican Communion) (Jos Province) (Anglican Cycle of Prayer)*

WEDNESDAY 12

Make us always thankful, our heavenly Father, for your most precious gift of health; for our sight, our speech, our hearing; for all the powers of body and mind which enable us to enjoy life to the full. Teach us to safeguard the health that is ours; deepen our compassion for those who suffer illness; and help us to use the days of our strength in your service and for your glory. *Pray for The Diocese of Jamaica & The Cayman Islands – The Church in the Province of the West Indies (Anglican Cycle of Prayer)*

THURSDAY 13-Hilary Bishop of Poitiers and Teacher of the Faith, 368

Father we pray for ourselves, you know the needs of human life. We ask you to help us as we seek to live out our lives according to your example. Help us by your presence to overcome the hasty speech that hurts others, to be free from greed and selfishness, from pride and jealousy that spoil our life. Help us to curb our temper, to be free from moodiness and wanting our own way; let your presence help us to care about the feelings of others, to be gentle and ready to say sorry. You know us Lord, bring out the best in us so that our lives may be a living testament of your will for your world. *Pray for The Diocese of Jebba – The Church of Nigeria (Anglican Communion) (Kwara Province) (Anglican Cycle of Prayer)*

FRIDAY 14-Richard Benson of Cowley, Religious, 1915

O Eternal God, as our children return to their studies we humbly ask you to bless all schools, colleges, and universities, that they may be lively centres for sound learning, new discovery, and the pursuit of wisdom; and grant that those who teach and those who learn may find you to be the source of all truth; through Jesus Christ our Lord. *Amen. Pray for The Diocese of Jerusalem – The Episcopal Church in Jerusalem & The Middle East (Anglican Cycle of Prayer)*

SATURDAY 15

Let us pray for all people everywhere according to their needs. O Lord, Christ and Saviour, we pray for people of every race and belief, and in every kind of need: make your ways known on earth, your saving power among nations. We pray for the Church, and all who call themselves Christians, that they may go forward in unity and strength. We pray for courage and wisdom to appear foolish by standing up for our faith when it is challenged. Guide us all in our ministries as we journey through life, strong in the knowledge that Christ, by his Passion, conquered death that we might have life. *Pray for The Diocese of San Joaquin – The Episcopal Church (VIII (8) Province) (Anglican Cycle of Prayer)*

EVENTS IN THIS WEEK: 16-22 January

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| 22 | SocDev Child Protection workshop |
| 22 | MU Exe & Council Robertson |

SUNDAY 16-SECOND SUNDAY AFTER THE EPIPHANY

God of Light and Truth, thank you for giving us a mind that can know and a heart that can love. Help us to keep learning every day of our lives, for all knowledge leads to you. Let us be aware of your presence in all things and at all times. Encourage us when work is difficult and when we are tempted to give up; encourage us when our brain seems slow and the way forward is difficult. Grant us the grace to put our minds to use exploring the world you have created, confident that in you there is a wisdom that is real. *Amen. Pray for The Church of England (Anglican Cycle of Prayer)*

MONDAY 17-Anthony of Egypt. Founder of the Religious Life, 356

We give thanks, Father, for all those people over two thousand years who have inspired others and played their part in passing on to generation after generation the living heritage of their faith. Especially we give thanks for those who lived their faith through difficulties and hardship and persecution. We pray, Father, that we may grow in your faith and love through good times and bad. *Amen. Pray for The Diocese of Johannesburg – The Anglican Church of Southern Africa (Anglican Cycle of Prayer)*

TUESDAY 18-CONFESSION OF ST PETER

We pray for all of those engaged in the work of mission, seeking to spread the good news of God's love. We pray for all Christian people called to be living examples of God's great love

for humankind. May we live attractive lives which draw people to know the goodness of God in a world where so often there is fear and despair. We remember those who witness to their faith in societies where it is dangerous to openly declare the Christian conviction. We are humbled by the sacrifice and commitment of those prepared to die for their faith, as we consider our own weak efforts. So we ask, Lord Jesus, that the fire of your gospel would so burn in all our hearts that many would hear the story of your wonderful life and death. May you, through us draw all people into your kingdom, that every knee would bow and every tongue confess that Jesus Christ is Lord. *Pray for The Diocese of Jos – The Church of Nigeria (Anglican Communion) (Jos Province) (Anglican Cycle of Prayer)*

WEDNESDAY 19

O God, eternal Shepherd who out of the abundance of your grace have chosen to set your servant and priest, the Right Reverend Margaret Vertue, over your Church here in our Diocese of False Bay, grant that she may grow to obey your will and carry out faithfully the office of Bishop in the gospel values of love, truth, sacrifice, beauty and freedom. *Pray for The Diocese of Juba – The Province of the Episcopal Church of South Sudan (Anglican Cycle of Prayer)*

THURSDAY 20

Heavenly Father, help us in our modern, sometimes confusing and fast changing world to pause and reflect on your glory and unending grace, and in the stillness to listen for your voice speaking to us alone. As we pray for the Church both far and near we remember the great commission to go and make disciples of all nations. Help us through our services, community outreaches, house groups and other organisations to be bold in our professing that Christ is Saviour and Lord of all. Help us to move forward in faith trusting in the guidance of your Holy Spirit and in your divine purpose for us all. *Pray for The Diocese of Kabba – The Church of Nigeria (Anglican Communion) (Lokoja Province) (Anglican Cycle of Prayer)*

FRIDAY 21-Agnes, Martyr at Rome, c.304

We pray for all martyrs of the faith, who were persecuted and put to death for their belief in Christ. We give thanks for their strength of conviction and pray that we might take their brave actions to heart and become stronger in our own faith. *Pray for The Diocese of Kadugli & Nuba Mountains – Province of the Episcopal Church of Sudan (Anglican Cycle of Prayer)*

SATURDAY 22

Lord, inspire us to give of our best and make good use of the talents you have given us. Show us how to be positive in attitude, appreciating and valuing others, always being ready to encourage and give praise. Sometimes we draw conclusions about people in terms of what we think is meant by “success” and “failure”, but the “failure” of one person might count as a great “success” to someone with other talents. Lead us never to judge people but to accept others as they are, knowing that it is together, each with our differences, that we build up your Kingdom. *Amen. Pray for The Diocese of Kaduna – The Church of Nigeria (Anglican Communion) (Kaduna Province) (Anglican Cycle of Prayer)*

SUNDAY 23-THIRD SUNDAY AFTER THE EPIPHANY

A prayer for freedom of communication. Almighty and eternal God, who created us in your own image and gave us the will to seek after all that is good, true and beautiful, especially in the person of Our Lord Jesus Christ, we give you thanks for the freedom of communication. Grant, we pray you, that through our journeys in the ability to communicate freely, we may be led to charity, prayer, patience and greater understanding of each other and that we may discern more closely your will for your pilgrims here on earth. To the glory of the Word made Flesh. *Amen. Pray for Hong Kong Sheng Kung Hui (Anglican Cycle of Prayer)*