

University as they too are adapting to the new normal. Be with all of the parishioners and people in Stellenbosch, including Jamestown and Vlottenberg outstations. We trust you as you continue to promise us that you will never leave us alone. *Pray for the Diocese of Arizona – The Episcopal Church The Annunciation of Our Lord to the Blessed Virgin Mary (VIII (8) Province) (Anglican Cycle of Prayer)*

**FRIDAY 26-EMBER DAY**

O Jesus, Good and Gentle Shepherd, grant that the men and women from our community may have the grace and the courage to hear and answer Your call to the priesthood and religious life. Give them the wisdom to realize that life is a gift. Let them realize their life is part of your plan. Call forth those You have chosen to spread the Gospel message, and help them to freely respond to a life of service in the church. May the parents and families of our parish support and encourage our young men and women to search for, follow and answer the call of God in their lives. *Pray for the Diocese of Arkansas – The Episcopal Church (VII (7) Province) (Anglican Cycle of Prayer)*

**SATURDAY 27 –George Herbert, Priest, 1632**

Grant us, Lord God, a vision of our land as your love would make it: a land where the weak are protected, and none go hungry or poor; a land where the benefits of civilised life are shared, and everyone can enjoy them; a land where different races and cultures live in tolerance and mutual respect; a land where peace is built with justice, and justice is guided by love, and give us the inspiration and courage to build it, through Jesus Christ our Lord. *Pray for the Diocese of Armagh – The Church of Ireland (Armagh Province) (Anglican Cycle of Prayer)*

**SUNDAY 28-SECOND SUNDAY IN LENT-EMBER DAY**

O God, by your grace you have called us in this Diocese to a fellowship of faith. Bless Bishop Margaret, our clergy, and all our people. Grant that your Word may be truly preached and truly heard, your Sacraments faithfully administered and faithfully received. By your Spirit, fashion our lives according to the example of your Son, and grant that we may show the power of your love to all among whom we live; through Jesus Christ our Lord. *Amen Pray for the Iglesia Anglicana de la Region Central de America (Anglican Cycle of Prayer)*

**The Archdeaconry of Mitchell’s Plain to submit their prayers by 6 February.**

**PRAYERS FOR PARISHES AND PEOPLE OF THE DIOCESE OF FALSE BAY**

**PREPARED BY MIDGE AND MIKE GRAHAM**

**EMAILED BY THE DIOCESAN OFFICE**

**TEL: 021 856 34 23**

**E-mail: [mgraham@telkomsa.net](mailto:mgraham@telkomsa.net)**

**PRAYERS AND INTERCESSIONS  
FOR THE PEOPLE AND PARISHES OF  
THE DIOCESE OF FALSE BAY**

**FEBRUARY 2021**

**PRAYER THOUGHT FOR THE MONTH:**

*Lord, I open my life to the influence of Your gracious Spirit and strive to become an instrument in Your hands.*

**ARCHDEACONRY OF BLUE DOWNS**

**EVENTS IN THIS WEEK: 1-6 February**

- 1 M/Plain Arch Chapter @ Portland
- 2 Helderberg Arch Chapter @ Faure
- 3 Overberg Arch Chapter
- 4 Helderberg Arch Council @ St Andrew, Strand
- 4 Mountain Bay Arch Chapter @ Ocean View
- 6 Overberg Arch Council

**A COVID PRAYER.**

Eternal Father, You made the whole World stop spinning for a while. You silenced the noise that we all have created. You made us bend our knees again and ask for a miracle. You closed Your Churches so we will realize how dark our world is without You in it. You humbled the proud and powerful. The economy is crashing, businesses are closing. We were very proud, we thought that everything we have, everything we possess, was the result of our hard work. We have forgotten that it was always Your grace and mercy that made us who we are. We're running in circles looking for some cure to this disease, when in fact we need to humble ourselves and ask You for guidance and wisdom. We've been living our lives like we will be here on earth forever, like there's no Heaven. Maybe these trials are Your mercy in disguise. Maybe this virus is actually Your way of purifying us, and cleansing our souls, bringing us back to YOU. Today as these words travel the internet, may all who see them join their hearts and hands together in prayer! Asking for forgiveness and asking for healing and protection from this virus. Father You have been patiently waiting for us. We're sorry for ignoring Your voice.. and in our selfish ways, we've sometimes forgotten that YOU are GOD! You only need to say the word and our souls shall all be healed. We ask these things in Jesus name! Amen. (found on social media)

**MONDAY 1**

We pray for those engaged in the political life of our country as Members of Parliament. We pray that they will put loyalty to what is right above loyalty to self, to party or class. May they be above popularity and praise of people and may their only motive be to serve their country

and to promote the welfare of their fellow citizens. *Pray for The Diocese of All Saints Cathedral – The Anglican Church of Kenya (Anglican Cycle of Prayer)*

## **TUESDAY 2-THE PRESENTATION OF OUR LORD IN THE TEMPLE**

Omnipotent and Eternal God, who today revealed to the holy and ancient Simeon, the Christ, true light of all people, look on your faithful here united on this feast of the Presentation in the Temple of your only Son made man, and grant that we also may be presented to you fully renewed in spirit. Hear the prayer of your people and guide us along the road of good, until we reach the light without end. *Pray for the Diocese of Aluakluak – The Province of the Episcopal Church of South Sudan (Eastern Bahr el Ghazal Province) (Anglican Cycle of Prayer)*

## **WEDNESDAY 3-Anskar, Bishop and Missionary in Denmark and Sweden, 864 ST GEORGE, KUILS RIVER with St Monica and St Mark.**

We praise God for an active Church community during lockdown and for the sacrificial and generous support of our membership, ensuring that mission and ministry can continue, parochially and as a Diocese. We are a community in deep mourning and of sincere prayerfulness, with members who died from Covid and the devastation throughout the world. We thank God for all who have recovered and for the development of vaccines. We applaud our frontline workers. We hold in prayer all who are sick and housebound, the elderly and disabled, and their caregivers. We thank God for the ministry to the tables of the poor and unemployed, and the generous manner of support. We pray for our congregational leadership and for our staff in their dedication to the management of the parish. We are grateful for new ministries developing in the field of technology enabling us to sustain community, care and worship. We grieve the passing of Revds Isaac Heyns and Mlungisi Klimbashe and pray for the families. We pray for the retired clergy and their families living in the parish. We pray for our clergy staff, Revds Marlon Porter and Rodney Whiteman and their families. God is gracious; may we follow obediently into the unknown of 2021. *Pray for the Diocese of Amazonia – Igreja Episcopal Anglicana do Brasil (3 Province) (Anglican Cycle of Prayer)*

## **THURSDAY 4-Manche Masemola of Sekhuneland, Martyr, 1928**

For those in need, O Lord, we make our prayer: the sick in mind or body, the blind and the deaf, the parentless and the widow, the sorrowing, the anxious and the worried. Give them courage, patience, and peace of heart, and do for them whatever is for their good; for the sake of Jesus Christ our Lord. *Pray for the Diocese of Amichi – The Church of Nigeria (Anglican Communion) (Niger Province) (Anglican Cycle of Prayer)*

## **FRIDAY 5-Martyrs of Japan, 1597**

### **ST MATTHEW, DELFT with Delft South.**

We are a congregation in shock and grief because of the passing of many to Covid including our much-loved rector, Revd Mlungisi Joy Klimbashe. We thank God for his enabling ministry of love, care and encouragement. We weep prayerfully with the Klimbashe and extended families in the hope of the resurrection. We are grateful for the person and ministry of Revd Gail Manoeck in the interregnum. We pray that God will hold us together to grow as a faithful witness of God's glory even in the midst of death and darkness. We pray for the parish leadership that God grants them wisdom to organize and manage the parish, together with the faithfulness and commitment of the congregation. We hold before God our communities with many challenges which are often dehumanizing. We pray for ongoing transformation, healing and hope. *Pray for the Diocese of Amritsar – The (united) Church of North India (Anglican Cycle of Prayer)*

## **SATURDAY 6**

We pray for all Christians in the Middle East and our brothers and sisters in the Holy Land, who are still suffering from an absence of peace, the threats of terror and the pressures of occupation

## **SUNDAY 21-FIRST SUNDAY IN LENT**

Lord God, Help us this Lent to know ourselves better, and give us strength to root out of our lives the unsuspected sins and the weak spots in our characters. Help us this Lent to cultivate self-mastery, and give us self-control where we are most likely to succumb to temptation. Help us this Lent to practice self-denial that we may be more ready to give of our time, our energy and our leisure in service to others, so we may come to the joyful season of Easter stronger and more faithful disciples of our Lord, Jesus Christ. *Pray for the Church of the Province of Central Africa (Anglican Cycle of Prayer)*

## **MONDAY 22**

### **ALL SAINTS AND ST JOHN'S, SIBANYE,**

Heavenly Lord, we glorify you and praise you because you are great. We pray for your Church, especially in a world threatened with the Corona Virus, in addition to other chronic diseases such as cancer, diabetes, HIV and AIDS and many others. Make us strong and courageous; that we may not be afraid or terrified. Help us to tackle our new reality of pain and distress with boldness and confidence in you as our maker and saviour. We pray for our leaders in church and government, guide them, give them wisdom and necessary resources to help, with love and faithful service, the poor and the afflicted majority of our society. We pray for the nurses, doctors and all who provide medical services; protect them, and give them safety, keep them strong and healthy, to serve your people with dignity and love. Bless and guide the scientists to work with the conviction that you will open their minds and give wisdom to find cures for various ailments, including Covid-19. Help us all to feel your presence and increase our faith, trust, and obedience to follow the necessary and faithful protocols instituted by our leaders in the church and government in honour of your name; In Jesus' name we pray, Amen! *Pray for the Diocese of Argentina – The Anglican Church of South America (Anglican Cycle of Prayer)*

## **TUESDAY 23-Polycarp, Bishop of Smyrna and Martyr, 156**

Father, we pray to you to look down with compassion upon our brothers and sisters in their anxiety over their present struggle to support their families due to job loss. Please help them find gainful employment very soon, so that this heavy burden of concern will be lifted from their hearts and that they soon will be able to provide for those whom God has entrusted to their care. Help us to guard against bitterness and discouragement, so that we may emerge from this trial spiritually enriched and with even greater blessings from God. *Pray for the Diocese of Northern Argentina – The Anglican Church of South America (Anglican Cycle of Prayer)*

## **WEDNESDAY 24 –EMBER DAY**

O God, our heavenly Father, who raised up your faithful servant \_\_\_\_ (name) \_\_\_\_\_, to be a priest/deacon in your church and to feed your flock; Give abundantly to him/her and to all clergy the gifts of your Holy Spirit, that they may minister in your household as true servants of Christ and stewards of your divine mysteries. *Pray for the Diocese of Argyll & The Isles – The Scottish Episcopal Church (Anglican Cycle of Prayer)*

## **THURSDAY 25**

### **ST MARY ON THE BRAAK, STELLENBOSCH with St Joseph and St James**

We the Parish of Stellenbosch, pray that while we are walking in the dark, the light of Christ will shine and the darkness disappear. Dear Lord, we have had too many deaths but we also know that they are at peace with you as our God. Continue to be with all our families and friends, our fellow worshippers and those who are house bound. Please be with those in hospitals, isolation and quarantine. We trust you Lord that you are also walking with us and we will overcome this pandemic. Be with the clergy of the parish, Rector, Canon Xola Mlandu, Rev. Prof. Henry Mbayya and Rev. Canon Dr. Desmond Lambrecht. Be with their families who give support to their ministries in the parish and beyond. Be with our Institution of Higher learning, Stellenbosch

provide for us and remind us to share your gifts with others. As Lent begins tomorrow, prepare our hearts and minds to reflect upon the temptation of Jesus for 40 days and nights and what that means for us. *Pray for the Diocese of West Ankole – The Church of the Province of Uganda (Anglican Cycle of Prayer)*

### WEDNESDAY 17 –ASH WEDNESDAY

Heavenly Father, as we live through this Ash Wednesday, may the crosses of ashes that mark our foreheads be a reminder to us and to those we meet that we belong to your Son. May our worship and prayer and penitence this day be sustained throughout these forty days of Lent. Bring us refreshed and renewed to the celebration of Christ's resurrection at Easter. In this holy season, help us to turn our minds and hearts back to you. Lead us into sincere repentance and renew our lives with your peace. We pray this in your Son's name. Amen. *Pray for the Diocese of Antananarivo – The Church of the Province of the Indian Ocean (Anglican Cycle of Prayer)*

### THURSDAY 18

**MALIBU VILLAGE / MFULENI, Manche Masemola: St Clare, St Matthew**

The year 2020 was not what any of us expected; be with us as we enter the New year and help us prepare physically and emotionally for Easter. We pray for Revd. Ntombekhaya and leaders of St Clare and St Matthews. Give them strength as they lead your flock during this difficult time of the pandemic. Bless all the parishioners with strength to be there for those we love, and wisdom to know what to say to bring comfort and encouragement. Almighty God, we know that everything is in your sovereign control. Take away the fear, anxiety, and feelings of isolation from people receiving treatment or under quarantine. We know that our wonderful Lord will not leave us alone; He will be with us and there will be a plan for the maintenance of St Matthews Church at Mfuleni as the ceiling was damaged by the heavy windy rains. Lord, be with those that have no jobs, and provide for all their needs, but also comfort and calm those that are living each day in fear that their employment will be terminated. We ask all these prayers in your Holy Name. Amen. *Pray for the Diocese of Antsirananana – The Church of the Province of the Indian Ocean (Anglican Cycle of Prayer)*

### FRIDAY 19

Jesus, You walked upon the earth to show us a living example of your Father's faith. You found beauty where others had missed it, you brought healing and light to the world, and filled those with whom you came into contact with joy. You brought your Father's undying love and belief in us to the world in a practical way, that we could understand. Let us take your example today and walk with God and bring his joy and light to all who we encounter in our journey. *Pray for the Diocese of Araucanía – Iglesia Anglicana de Chile (Anglican Cycle of Prayer)*

### SATURDAY 20 Mother Cecile of Grahamstown, Religious, 1906

Lord, we pray that world-wide churches may always be ready to travel along your way and in your direction. Bless and guide our ministers and leaders. As we enter the Lenten season of penitence and discipline, help us to be alive to your Spirit, who searches all our hearts and renews our lives as we offer our faith and obedience. *Pray for the Diocese of the Arctic – The Anglican Church of Canada (Rupert's Land Province) (Anglican Cycle of Prayer)*

#### EVENTS IN THIS WEEK: 21-28 February

- : 21 Bernard Mizeki DEXCO, St Matthew's
- : 21 Vestries: Westridge, Woodlands, Philippi
- : 23-26 SYNOD OF BISHOPS
- : 24 Mountain Bay Arch Cluster
- : 28 Vestries: Strandfontein, Rocklands, Eastridge, Tafelsig, Lentegour
- : 28 ORDINATION TO THE DIACONATE

and regional instability. We pray for countries in Africa, where drought, unstable governments and insurrection are making life fraught with anxiety and fear. Bless those who work to bring them relief; inspire generosity and compassion in all our hearts; and guide the nations of the world towards that day when all will rejoice in your Kingdom of justice and of peace; through Jesus Christ our Lord. Amen. *Pray for the Diocese of Andaman & Car Nicobar Islands – The (united) Church of North India (Anglican Cycle of Prayer)*

#### EVENTS IN THIS WEEK: 7-13 February

- : 7 EDUCATION SUNDAY
- : 7 Bernard Mizeki Opening Service, Worcester
- : 7 CMS Dio. B/Downs Arch Council, Belhar
- : 9 Breede valley Arch Chapter @ Bella Vista
- : 9 Mountain Bay Arch Council @ Kalk Bay
- : 9 M/Plain Arch Council @ Strandfontein
- : 11 Blue Downs Arch Chapter
- : 11 DTB/DFB
- : 12 Breede Valley Clergy/Spouse Fell @ Worcester
- : 12 Helderberg Arch Clergy Fellowship
- : 12-13 Bernard Mizeki DEXCO Strategic Planning G/Bay
- : 13 AWF Council Meeting @ Rotterdam

### SUNDAY 7-FIFTH SUNDAY AFTER THE EPIPHANY

#### Special Day of Prayer-Education Sunday

Loving and gracious Father, Thank you for all those men and women who have given their talents to educating our young people. Through the challenges they encounter each day, lead them to an ever deeper appreciation of the sacred duty to which you have called them. We give thanks for the invaluable work of all those who contribute to the efficient running of our schools; support staff, maintenance staff, governors and chaplains. We thank them for their hard work and dedication and we pray that they may continue to work in support of our schools. Thank you for all those who lead our schools. May they be people of integrity so that they can be witnesses as well as teachers. We pray that the schools they lead will become places where our young people can experience your love in their lives. Help us to pray without ceasing, to work without wavering and to give without grudging in order to ensure the future of education for all of our children. We make this prayer through your Son, Jesus Christ, our teacher and our Lord. *Pray for the Anglican Church of Burundi (Anglican Cycle of Prayer)*

### MONDAY 8

Father, for the strength you have given us we thank you. For the health you have blessed us with, we thank you. For all who are going through the trauma of cancer and its treatments and their families we ask you to strengthen and to heal as you see fit. Lord we know you want us to be in good health and to prosper. Use us to do the work you have for us to do. Lord be with every person who is sick and encourage them as only you can. We know how faithful you are. You have shown yourself to be everything you say you are in your Holy Word. Lord in your mercy, hear our prayer. *Pray for the Diocese of Saint Andrews Dunkeld & Dunblane – The Scottish Episcopal Church (Anglican Cycle of Prayer)*

### TUESDAY 9-James Mata Dwane, Priest, 1016

We pray that we might be guided in the work we do; that we do it not for self alone but for the common good, and as we pray, we ask that we be made mindful of the aspirations of other workers and arouse our concern for those who are out of work. Pray for those who, through no fault of their own, have been deprived of the work that leads towards fulfillment of their lives. *Pray for the Anglican Missionary District – Igreja Episcopal Anglicana do Brasil (3 Province) (Anglican Cycle of Prayer)*

**WEDNESDAY 10****HOLY NATIVITY, BLACKHEATH**

Thank you, God, for Holy Nativity as a family where we are grateful for being part of your church community and the fellowship, offered especially at a time such as this where fellow parishioners have passed away whether because of the coronavirus or otherwise. Thank you to you for those who have recovered and be with those who mourn. We know that God is in all our circumstances and for that we are grateful that the Holy Spirit is here to comfort the disturbed. Lord Jesus, we pray that you hold us together as a parish, Archdeaconry and Diocese at this time when we long to see each other and to worship together. (Thank you that the coronavirus that has given us a new appreciation for our worship and liturgy). Hold dear our families where death has struck, breadwinners lost their income, where depression and anxiety are the order of family life. Raise every family up to be able to find new meaning and insight into the mystery of who you are. While the certainty about church life as we know it is slowly fading away into something new, may we embrace with openness the new treasures out of our old stores. May the creativeness of the Holy Spirit be in us especially in our leadership so that we may experience the power of God in a new way. This we pray in the name of Jesus. Amen.  
*Pray for the Diocese of Angola – The Anglican Church of Southern Africa (Anglican Cycle of Prayer)*

**THURSDAY 11**

Merciful Father, be with those in our prisons who have offended against the law. May they come to know your love and forgiveness, and turn to you in true repentance, that they may have hope for the future and the opportunity of making a fresh start. Lord, be with all political prisoners; grant that they will not feel forgotten by the world at large. Give them courage and hope in their ordeal and help them according to their needs. *Pray for the Diocese of Ankole – The Church of the Province of Uganda (Anglican Cycle of Prayer)*

**FRIDAY 12**

**ST GEORGE THE MARTYR, GROOT DRAKENSTEIN** with St Simon, Simondium; St Giles, Languedoc; St John's, Kylemore; La Motte Bosbou, Wemmershoek, Groendal. In this year where we continue to face Covid 19, we uphold the parish of St George the Martyr with its five chapelries. We give thanks for the rural makeup of the parish with its diverse farming communities. We pray for all those who take leisure drives through the Valley and trust that they will get a real sense of God's presence as they connect with nature and the tranquillity the parish offers. We give thanks for our new rector Fr Wilfred Meyer who joined the parish in October and for Deborah, Cleo-Maré and Jordan as they settle into their new environment. May they continue to be a loving family support around our priest. We thank God for the ministry support during the interregnum. Our grateful thanks go to our priests who served us Revds Eunice, Laurentius and William. We also thank God for the Lay Leadership, the Church Wardens, the parish secretary, Chapel wardens and Lay Ministers. We pray for the ministries of the parish, the liturgical Dancers, Service Guild, Sunday School and Covid Task Teams. We pray that the interest in the ministries will be kept alive especially during this time where they are non-functional. We hold before God the pastoral ministry and leadership of our Rector who has to continue growing this diverse parish with its unique challenges during extraordinary times. We pray that a spirit of unity and cooperation will prevail amongst the people of the parish. We give thanks for the Ordination of Revd Davene Vermeulen who serves with Revd Eunice as self-supporting priest in the parish. We pray that their ministry and skills will enrich the overall ministry of the parish. We pray for the families of the parish, many of whom work on the farms in the area and in surrounding towns and industries. We pray for the large aging population of the parish who are in the care of their children and other family members. We pray for the financial viability of the parish. We pray for all those who have lost the battle against Covid 19 and for their families who still mourn their death. We pray that

God will grant gentle loving care to all those who are frail and others who have lost loved ones at this time. We pray for the many maintenance projects that are pending, the urgent maintenance of the thatched roofs of the church and the rectory, and maintenance at the various chapelries. We also pray for our garden of remembrance and the graveyards in our care. We pray that we will continue to be responsible custodians of these resting places of our loved ones. We pray that God will be part of the fabric of this parish and that our growth here in this Valley Parish will contribute to the health of the ministry of the Diocese. *Pray for the Diocese of North Ankole – The Church of the Province of Uganda (Anglican Cycle of Prayer)*

**SATURDAY 13**

We pray for a world where all are heard and rivers flow where each may drink. A world where the harvest becomes a banquet for all. God of all creation, You have blessed us with a world of beauty. You have gifted us a place of plenty, where no one stands outside your loving care. Open our hearts and teach us your compassion. Open our minds and grant us the courage to stay true to your will. Give us the strength to cast off the shackles that bind us to wealth and possessions. Guide us as we work for your kingdom. Lead us and move us to become a people clothed with joy. We pray this in Jesus' name. *Pray for the Diocese of Northwest Ankole – The Church of the Province of Uganda (Anglican Cycle of Prayer)*

EVENTS IN THIS WEEK: 14-20 February	
: 14	CMS Diocesan B/Valley Council @ Worcester
16	SHROVE TUESDAY
: 17	ASH WEDNESDAY
20	Breede Valley Arch Council
: 20	AWF Branch Meetings

**SUNDAY 14-TRANSFIGURATION SUNDAY**

We pray for a renewed sense of community and fellowship within our Diocese, for a spirit of goodwill and generosity and for a deeper sense of commitment and spiritual renewal. We pray for our Priests; that they may find strength to lead and guide us. We give thanks for all whom you have called to serve in the ministry of the church. *Pray for the Anglican Church of Canada (Anglican Cycle of Prayer)*

**MONDAY 15****ST PETER'S, KLEINVLEI,**

God of grace and mercy, look with favour upon your people of the Parish. We give thanks for the parishioners continued support of the parish through their pledging and voluntary contributions to sustain the work of the church in this community. We pray for our Rector, Canon Delmaine, our assistant priest, Revd. Eugene, the Wardens, Councillors and all parishioners and their respective families. We pray for all families who lost loved ones during the Pandemic, for the restoration of those who are sick and we give thanks for those who have recovered from their illness. As the pandemic continues, we pray that all people will work in patience and unity to stop the spread of the virus. We pray for those whose circumstances have changed due to the pandemic. We give you thanks for the gift of technology, through which you have mercifully kept us connected. We ask, Lord, that you will bless all so that your light will continue to shine in and through us during this dark season in our lives. Lord, in your mercy, hear our prayers. *Pray for the Diocese of South Ankole – The Church of the Province of Uganda (Anglican Cycle of Prayer)*

**TUESDAY 16-SHROVE TUESDAY**

On this Shrove Tuesday, Lord help us to enjoy and give thanks to you for the bounty you