

# Morning Prayer for the Elderly & Inform during our National Lockdown

## INTRODUCTION

We start the service by singing our introit hymn:

**Be still and know  
that I am God,  
be still and know  
that I am God,  
be still and know  
that I am God.**

**I am the Lord that  
health thee,  
I am the Lord that  
health thee,  
I am the Lord that  
health thee**

**In thee, O Lord,  
I put my trust,  
In thee, O Lord,  
I put my trust,  
In thee, O Lord,  
I put my trust.**

Grace to you and peace from God our Father and the Lord Jesus Christ  
**Amen**

With all our infirmities and challenges that life presents us  
we come together as the family of God  
in our Father's presence  
to offer him praise and thanksgiving,  
to hear and receive his holy word,  
to bring before him the needs of the world,  
to ask his forgiveness of our sins,  
and to seek his grace, that through his Son Jesus Christ  
we may give ourselves to his service.

Amidst the Covid-19 pandemic Christ remains our Rock  
**Let us worship and praise him. Alleluia**

Lord, open our lips  
**That we may glorify and praise your name**

Glory be to the Father and to the Son and to the Holy Spirit.  
**As it was in the beginning is now, and will be forever. Amen.**  
**Praise the Lord. Alleluia**

**The Prayer of an Elderly Person**  
*(Psalm 71:1-9;12)*

- 1 Lord, I have come to you for protection:  
never let me be defeated!
- 2 Because you are righteous, help me and rescue me:  
Listen to me and save me!
- 3 Be my secure shelter and a strong fortress[a] to protect me:  
you are my refuge and defense.
- 4 My God, rescue me from wicked people:  
from the power of cruel and evil people.

5 Sovereign Lord, I put my hope in you:  
I have trusted in you since I was young.

6 I have relied on you all my life:  
you have protected[b] me since the day I was born.  
I will always praise you.

7 My life has been an example to many:  
because you have been my strong defender.

8 All day long I praise you:  
and proclaim your glory.

9 Do not reject me now that I am old:  
do not abandon me now that I am feeble.

12 Don't stay so far away, O God:  
my God, hurry to my aid!

Let us call to mind and confess our sins  
**Almighty God, our heavenly Father**  
**in penitence we confess**  
**that we have sinned against you**  
**through our own fault**  
**in thought, word, and deed**  
**and in what we have left undone.**  
**For the sake of your Son, Christ our Lord**  
**forgive us all that is past**  
**and grant that we may serve you**  
**in newness of life**  
**to the glory of your Name.**

**Almighty God have mercy on us, forgive us our sins and**  
**keep us in eternal life; through Jesus Christ our Lord.**  
**Amen**

### **The Psalm(s)**

Here follow(s) the appointed psalm(s). After each psalm is said:

Glory to the Father and to the Son: and to the Holy Spirit.  
As it was in the beginning: is now and will be for ever. Amen

### **The First Scripture Reading**

The first lesson is written....

After the reading

Here ends the first lesson

Silence may be kept

Here follows A Song of Salvation

## **A Song of Salvation**

(Romans 5:1-8;8:37-39)

- 1 Now that we have been justified through faith,  
we are at peace with God through Jesus Christ our Lord.
- 2 And so we exult in our hope of the splendour of God  
and we even exult in the sufferings we endure.
- 3 For our hope is not in vain, because God's love has flooded our  
inmost hearts through the Holy Spirit which has been given to us.
- 4 When we were still powerless, Christ died for the ungodly; he died  
for us while we were still sinners, and so God's love for us is revealed.
- 5 We are more than conquerors through Christ who loved us, for nothing  
can separate us from the love of God which is ours, through Jesus Christ.

Glory to the Father and to the Son: and to the Holy Spirit.  
As it was in the beginning: is now and will be for ever. Amen

## **The Second Scripture Reading**

The Second lesson is written....

After the reading

Here ends the second lesson

Silence may be kept

Sing the Chorus: Come bless the Lord

**Come bless the Lord all you | servants of the | Lord:  
Who stand by night in the house of the Lord.**

**Lift up your hands toward the holy place**

**And | bless the | Lord.**

**And | bless the | Lord.**

*(Repeat)*

## **A Collect for the aged and infirm**

Eternal God and Father of all the ages  
you are our Father of all ages, young and old  
you have blessed the seniors amongst us  
with knowledge and wisdom  
it is on their shoulders we continue to build your church  
so that we can continue to honour your name  
through Jesus Christ our Lord.

**Amen**

## THE PRAYERS

Gracious Father, you have given us the gift of life and we thank you for that blessing, especially to those whom you have given the gift of long life. We pray for your special protection during this Covert-19 pandemic as they are the most vulnerable amongst us.

As they grow older, may they continue to abide in you and you in them. As the challenges of this life increases in their later years, grant them a spirit of peace happiness.

When they feel lonely and lost, and even rejected by society, be a companion and give them the assurance that they are loved by you.

Merciful Father accept these our prayers for the sake of your Son, Jesus Christ. **Amen.**

As Christ has taught us we are bold to pray

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation,  
but deliver us from evil.  
For the kingdom, the power and the glory are yours  
now and for ever. Amen.**

**The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and evermore. Amen.**

*Prepared by Carlton Michaels (Diocese of False Bay Ordinand 2020)*

### **Reference List**

Kingsway, 2007, Songs of fellowship: Combined Words Edition, vol. 1,2,3, 4, Kingsway Music, Eastbourne.

The Provincial Trustees of the Church of the Province of Southern Africa. 1989. An Anglican Prayer Book. Cape Town: Harper Collins Publishers.