

## SATURDAY 27

We thank you, Lord, for those older folk who enjoy loving families and good friends; for the emotional maturity that comes as we grow in you, enabling our senior citizens to be pillars of understanding and tolerance in our disordered communities. We give thanks for the Spiritual gifts of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control, which are the fruits of a life lived in you. We pray for an increase of these gifts in us all as we increase in age. We thank you, Lord, for a slower pace of life for our older folk and that they have time to be still and know that you are God. Increase their wisdom in your ways. *Pray for North Central Philippines (Philippines) The Most Revd Joel Atiwag Pachao; North Central Philippines (Philippines) The Rt Revd Nestor D Poltic; Asante-Mampong (West Africa) The Rt Revd Cyril Kobina Ben-Smith; Jos (Nigeria) The Most Revd Benjamin Kwashi (A C of Prayer)*

## SUNDAY 28-FOURTH SUNDAY AFTER PENTECOST

Heavenly Father, set our hearts on fire with a new love for Christ, that we may be alive to the opportunities of these times and bear our witness with urgency and zeal. Save us from complacency and from fear of new ways; inspire our minds with the vision of a world won for our Lord; and stir our wills to pray and work until your will is done. *Pray for the united Church of North India; The Most Revd Dr Prem Chand Singh - Moderator of CNI & Bishop of Jabalpur*

## MONDAY 29-ST PETER AND ST PAUL

Heavenly Father, we thank you that we have been chosen to be witnesses to our faith. The road was never easy for Jesus and the Apostles and it will not be easy for us. Help us to show our faith by example rather than by words which people cannot understand. When we meet with antagonism guide our thoughts and our tongues what we may, in a simple way, tell of your love for us and all who believe. *Pray for North Dakota (The Episcopal Church) The Rt Revd Michael Smith; Athabasca (Canada) The Rt Revd Fraser Lawton; Juba (South Sudan) The Most Revd Justin Badi Arama (Anglican Cycle of Prayer)*

## TUESDAY 30

Lord, as we bring to you our prayers of intercession, we ask you to open our ears to hear your voice, open our eyes to behold your glory, open our hearts to receive your grace, open our lips to show forth your praise. We pray for your church today, gathering all around the world in tiny churches and great cathedrals to praise you and to hear your holy word. Give us a sense of expectation as we come and inspiration as we go. We ask you to bless those who preach and teach the message of your salvation, and we pray especially for our own Priests (.N..) as he/she/they seek/s to do your will and guide and support us through our spiritual and worldly journeys. *Pray for North East India (North India) The Rt Revd Michael Herenz; Atlanta (The Episcopal Church) The Rt Revd Robert Wright; Kabba (Nigeria) The Rt Revd Steven Akobe (A C of P)*

**The Archdeaconry of Helderberg to submit their prayers by 6 June**

**PRAYERS FOR PARISHES AND PEOPLE OF THE DIOCESE OF FALSE BAY**

**PREPARED BY MIDGE AND MIKE GRAHAM**

**EMAILED BY THE DIOCESAN OFFICE**

**TEL: 021 856 34 23**

**E-mail: [mgraham@telkomsa.net](mailto:mgraham@telkomsa.net)**

# PRAYERS AND INTERCESSIONS FOR THE PEOPLE AND PARISHES OF THE DIOCESE OF FALSE BAY

JUNE 2020

## **PRAYER THOUGHT FOR THE MONTH:**

Lord, I praise You for all that is past and trust You for all that is to come.

## **ARCHDEACONRY OF MOUNTAIN BAY**

**Due to Covid 19 and lockdown conditions, the Diocesan Diary has not been included.  
Please consult your own diaries should the lockdown levels change**

## **MONDAY 1-THE VISITATION OF THE BLESSED VIRGIN MARY**

### **Special Day of Prayer-Orphans and Children at risk**

Father God we pray that orphans may be placed in the care of godly men and women. Let the orphans know of Your care. Bless those who care for them. Remind them of your love when they're prone to doubt. Instil in them confidence they lack. Show them Your love through loving adoptive parents. Provide their needs abundantly. Grant the godly desire of their heart today. Don't allow them to give up hope, and give them a sense of pride in who they are and bless them today with the hope of tomorrow. We ask this in your loving name. Amen. *Pray for Nebraska (The Episcopal Church) The Revd Scott Barker; Akot (South Sudan) The Rt Revd Isaac Dhieu Ater; Irele - Eseodo (Nigeria) Vacant (Anglican Cycle of Prayer)*

## **TUESDAY 2-The Martyrs of Lyons, 177**

Prayer for use in a pandemic. May we who are merely inconvenienced-remember those whose lives are at stake. May we who have no risk factors-remember those most vulnerable. May we who have the luxury of working from home-remember those who must choose between preserving their health or making their rent. May we who have the flexibility to care for our children when their schools close-remember those who have no options. May we who have to cancel our trips-remember those that have no safe place to go. May we who are losing our margin money in the tumult of the economic market-remember those who have no margin at all. May we who settle in for a quarantine at home-remember those who have no home. As fear grips our country, let us choose love. During this time when we cannot physically wrap our arms around each other, Let us yet find ways to be the loving embrace of God to our neighbours. Amen. *Pray for Nelson (Aotearoa NZ & Polynesia) The Rt Revd Steve Maina; Akure (Nigeria) The Rt Revd Simeon Borokini; Isial-Ngwa South (Nigeria) The Rt Revd Isaac Nwaobia (A C of Prayer)*

## **WEDNESDAY 3-The Martyrs of Uganda 1886-Ember Day**

We pray for Bishop Margaret and her Episcopal ministry in the Diocese and for her chapter and all other advisors. Pray for the Archdeacons as they give leadership in the Archdeaconries and as they respond to the spiritual and material needs of the parishes. Pray for the mission, minis-

try and growth in the Archdeaconries and for the material resources in these areas. Pray for all widows and widowers in the Diocese. Pray for the retired clergy living in the parishes of our Diocese. Pray for a deeper sense of commitment and sharing of resources among the people of God in our Diocese. *Pray for Nevada (The Episcopal Church) The Rt Revd Dan Edwards; Alabama (The Episcopal Church) The Rt Revd John McKee Sloan (Anglican Cycle of Prayer)*

#### **THURSDAY 4**

##### **ST MICHAEL AND ALL ANGELS, OTTERY**

We give thanks for the goodness of our living God, for God's continued blessings and for enabling us to be strengthened in our faith even in the midst of the fear and anxiety experienced as we deal with the effects of the pandemic. We give thanks for those who offered themselves as members of the newly elected Church council. We give thanks for being able to assist the local community with food parcels as we responded to cries for help. We continue to pray for the children and young people in our community as we seek to respond to their needs. We pray for God's spirit of courage as we look forward to beyond this time of lockdown and seek to discern the way forward for ministry in the community of Ottery. *Pray for New Busa (Nigeria) The Rt Revd Israel Amoo; Alaska (The Episcopal Church) The Rt Revd Mark Lattime; Albany (The Episcopal Church) The Rt Revd William Love (Anglican Cycle of Prayer)*

#### **FRIDAY 5-Ember Day**

##### **Special Day of Prayer: World Environment-** recognized by the UN and UNEP

Creator God, we thank you for the beauty of the earth, for the diversity of land and sea, for the resources of the earth. Give us the will to cherish this planet and use its riches for the good and welfare of all. God our Creator, we thank you for the warmth of the sun, the light of the moon, the glory of the stars and the clean air we breathe. Save us from wasting or abusing the energy upon which all life depends. God of grace, we thank you for the gift of life you give us and pray for those who work to care for creation: those preserving forests and oceans, air and water, animals and plants. Help us to protect the environment so that all life may flourish. God of wisdom, guide us in the choices we make each day, in what we buy, how we travel, and what we reuse. Enable us to live in harmony with your creation. God of every time and place, we pray for the future of our earth. Help us to be good stewards of the gifts you have given us that future generations may rejoice in your many gifts to us. *Pray for New Guinea Islands, The (Papua New Guinea) Dennis Kabekabe; Algoma (Canada) The Rt Revd Anne Germond (Anglican Cycle of Prayer)*

#### **SATURDAY 6**

Hear our prayer today for all women and men, boys and girls who are homeless this day; for those sleeping under bridges, on park benches, in doorways or bus stations; for those who can only find shelter for the night but must wander in the daytime; for families broken because they could not afford to pay the rent; for those who have no relatives or friends who can take them in; for those who have no place to keep possessions that remind them who they are; for those who are afraid and hopeless; for those who have been betrayed by our social safety net; for all these people, we pray that you will provide shelter, security and hope. We pray for those of us with warm houses and comfortable beds, that we not be lulled into complacency and forgetfulness. Jesus, help us to see your face in the eyes of every homeless person we meet so that we may be empowered through word and deed, and through the political means we have, to bring justice and peace to those who are homeless. Amen. *Pray for New Hampshire (The Episcopal Church) The Rt Revd Robert Hirschfeld; All Saints Cathedral Diocese (Kenya) The Most Revd Jackson Ole Sapit (Primate); Isikwuato (Nigeria) The Rt Revd Manasses Chijokem Okere (Anglican Cycle of Prayer)*

#### **SUNDAY 7-TRINITY SUNDAY**

Almighty God, you who reveal yourself in mystery and majesty, in the depths of our being, draw-

#### **WEDNESDAY 24-THE BIRTH OF ST JOHN THE BAPTIST ST AUGUSTINE, LOTUS RIVER**

Holy God at this time of COVID 19, we beg you to have Mercy upon us. We pray for ourselves, our continent and the world. Lord bless our clergy; Richard Martin and Greg Lamond and their families, also our Wardens and their families. We pray also for our Ministry Leaders, Parish Organisations, all Members and for our Congregation - may your healing grace rest upon us all. We pray for the many that have been affected and infected by the coronavirus. Give rest to those who have died and healing to those who are receiving treatment at this moment. Lord, we thank you for every recovery. We give thanks for all essential workers who are responding with such love and care; the Nurses, Doctors, hospital staff, ambulance teams, Police, Traffic Officers, shop assistants, taxi operators and all the women and men who risk their lives and wellbeing, every day. Lord, thank you for the generosity of our congregation and for the way in which they continue to honour their pledge commitment. Thank you also for the many who regularly donate non-perishable products to our Food Bank so that we can prepare much needed hampers to the many who are hungry in our community. Thank you for Georgie's Angels who feed hundreds of families on our surrounding farms, for our Parish Action Team who continue to do outreach and especially for Carol and Mari who do so much to feed the hungry, especially the children, in our community. We pray for our schools as they gradually reopen, for Educators and Learners who now face every day with fear and uncertainty. We pray for Principals and Governing Bodies and ask for your wisdom to flood their thinking. Please also calm the fears of parents as they are concerned for the children. We pray for businesses within our community, many who will go under because of the demands of lockdown and for those who will struggle to rebuild. We give you thanks Lord for our link with the Uniting Reform Church and also with the Church in York. Bless all the Clergy and people as we try to make our way through this moment. May your protective hand also extend to Mike and Midge Graham and their family as they serve you with joy and look to you for strength. *Pray for Nord Kivu (Congo) The Rt Revd Muhindo Isesomo; Armidale (Australia) The Rt Revd Richard Lewers (Anglican Cycle of Prayer)*

#### **THURSDAY 25**

God of Light and Truth, thank you for giving us a mind that can know and a heart that can love. Help us to keep learning every day of our lives, for all knowledge leads to you. Let us be aware of your presence in all things and at all times. Encourage us when work is difficult and when we are tempted to give up; encourage us when our brain seems slow and the way forward is difficult. Grant us the grace to put our minds to use exploring the world you have created, confident that in you there is a wisdom that is real. Amen. *Pray for North Ankole (Uganda) The Rt Revd Stephen Namanya; Arochukwu/Ohaflia (Nigeria) The Rt Revd Johnson Onuoha; Aru (Congo) The Rt Revd Georges Titre Ande (Anglican Cycle of Prayer)*

#### **FRIDAY 26**

##### **PARISH OF SIMON OF CYRENE, PARKWOOD**

We praise and thank Almighty God for the various ministries that are taking place within the Parish especially from the homes of the Parishioners, during the shutdown period due the Corona Virus. We thank God for the guidance of Fr. Brian Bolton and the support of his family, for the newly elected Wardens, the Alternate Warden, along with the Parish Councillors in leading the parishioners to come alongside their fellow neighbours by assisting them in their hour of need, like Simon of Cyrene came alongside Jesus and helped Him carry His cross. We thank God that many have opened their hearts to the needs of the Community, and we continue to pray for all those who are infected and affected by the Corona Virus and that a vaccine may soon be discovered. We thank God for the leadership and guidance given to us by our Bishop and members of Chapter. *Pray for North Carolina (The Episcopal Church) The Rt Revd Samuel Rodman; Asaba (Nigeria) The Rt Revd Justus Mogeke (Anglican Cycle of Prayer)*

*America) The Most Revd Gregory James Venables; Argyll & The Isles (Scotland) The Rt Revd Kevin Pearson (Anglican Cycle of Prayer)*

### **FRIDAY 19**

God, our Great Teacher: hear our prayer for teachers. Give teachers compassion to treat each student with dignity and respect, remembering that every child has a story to tell. Give teachers wisdom to be role models, remembering that children learn more from who we are than what we say. Give teachers your love that reaches out to children on the margins, remembering that we see Jesus in the face of the poor, the challenged, the rejected. Give teachers strength to carry heavy loads with patience and good humour, remembering that Jesus also walked an extra mile. As a community we lift up our teachers to You, Lord, knowing that You plan every divine lesson, Amen. *Pray for Niger Delta North (Nigeria) The Rt Revd Wisdom Buwu Ihunwo; Niger Delta West (Nigeria) The Rt Revd Emmanuel Oko-Jaja; The Niger Delta (Nigeria) The Rt Revd Ralph Ebirien; Niger West (Nigeria) The Rt Revd Johnson Ekwe (Anglican Cycle of Prayer)*

### **SATURDAY 20-John William Colenso, Missionary Bishop, First Bishop of Natal, 1853 Special Day of Prayer: Refugees**

Father, we pray for all who are suffering: the many suffering the violence of war, the hungry, the homeless and all who have lost their loved ones and all means of earning, the oppressed and fearful. Lord God, the protector of all who trust in you, fill our hearts and the hearts of all people with your love and compassion. We bring before you the sufferings of your children throughout the world; may they be aware of your presence and may we be united with them in their needs and in their suffering. *Pray for Nike (Nigeria) The Rt Revd Christian Onyia; Arizona (The Episcopal Church) The Rt Revd Jennifer Reddal; Jebba (Nigeria) The Rt Revd Timothy Adewole*

### **SUNDAY 21-THIRD SUNDAY AFTER PENTECOST**

We pray for a renewed Church. Almighty God give us a new vision of you, of your love, of your grace and power; and then, give us a new vision of what you would have us do as your church in this nation at this time, and an awareness that in the strength of your Spirit we can do it to your glory. In Jesus' Name we pray. *Pray for Pray for the Church of Nigeria (Anglican Communion); The Most Revd Henry Chukwudum Ndukuba - Metropolitan & Primate of all Nigeria & Bishop of Abuja (Anglican Cycle of Prayer)*

### **MONDAY 22-Alban, First Martyr in Britain, 304**

We give thanks, O God our Father, for the many blessings of this life; for health and strength and all our powers of body and mind; for our homes and loved ones and for the wonderful joy of friendship; for our work and the opportunity of service; for the beauty and bounty of the world of nature; for the kindness, generosity and sympathy shown to us by many along life's journey. Give us thankful hearts, O God, for all your goodness, and help us by the way we live to repay some of the debt we owe. *Pray for Nimule Area (South Sudan) The Rt Revd Martin Abuni; Arkansas (The Episcopal Church) The Rt Revd Larry Benfield; Jerusalem (Jerusalem & Middle East) The Most Revd Suheil Dawani (Anglican Cycle of Prayer)*

### **TUESDAY 23**

We pray for all farmers and agricultural workers. Almighty Father, as we acknowledge our dependence on your bounty for our daily bread, so we also seek your blessing on those engaged in agriculture, who plough and sow and reap; and we pray that you will so prosper their work that the earth may yield its full harvest and the needs of all men and women may be supplied; through Jesus Christ our Lord. *Pray for Nnewi (Nigeria) The Rt Revd Godwin Izundu Nmezina Okpala; Armagh (Ireland) Vacant; Johannesburg (Southern Africa) The Rt Revd Stephen Mosimanegape Moreo (Anglican Cycle of Prayer)*

ing us to share in your life and your love; hear these our prayers. May all people in the Church faithfully worship the triune God with praise and thanksgiving. May peoples of all nations come to salvation through openness to God's presence. May all those who feel unworthy of God's love come to know that they are God's children. We ask this in your name. Amen. *Pray for La Iglesia Anglicana de Mexico; The Most Revd Francisco Moreno - Presiding Bishop of La Iglesia Anglicana de Mexico & Bishop of Northern Mexico (Anglican Cycle of Prayer)*

### **MONDAY 8**

#### **ALL SAINTS, MUIZENBERG**

We give thanks for the ministry of our Rector, the Distinctive Deacon and the retired clergy together with their respective families in our parish. We pray for God's hand of protection over the senior members of the parish during the corona virus pandemic, as they are the most vulnerable during this time. We pray for the many members of our parish who are undergoing challenging times due to loss of work and income. We remember our Malawian brothers and sisters who are going through tough times because they do not have an income and therefore cannot put food on the table. We give thanks to God for members of the congregation who gave generously when called upon to help provide for those in need in the parish. We continue to pray for the members elected to serve as Churchwardens and Parish Council to lead the church during these unprecedented times of the corona virus pandemic. *Pray for New Jersey (The Episcopal Church) The Rt Revd William Stokes; Amazon (Brazil) The Rt Revd Marinez Rosa Dos Santos Bassotto; Jabalpur (North India) The Most Revd Dr Prem Chand Singh (A Cycle of Prayer)*

### **TUESDAY 9-Columba of Iona, Missionary in Scotland, 597**

We pray for the courage, as individuals and as nations, to do what is right even when we experience fear and uncertainty. We pray that, as nations, we will work to ensure that the abuses authorized and committed in our name never happen again. These abuses include the use of torture and cruel, inhuman and degrading treatment. We grieve, knowing that inflicting injustice and cruelty on even one person scars and diminishes all of us. We pray for strength and steadfastness in the work of repairing the world. In all things may we honour the dignity of each person. *Pray for New Westminster (Canada) The Most Revd Melissa Skelton; Amichi (Nigeria) The Rt Revd Ephraim Ikeakor; Jaffna (South India) The Rt Revd Daniel Selvaratnam Thiagarajah (Anglican Cycle of Prayer)*

### **WEDNESDAY 10**

#### **ST MARGARET'S, FISH HOEK**

We give thanks for the work of feeding the hungry and supporting the homeless that is carried out by The Net - a local group including churches and other organisations and individuals. We pray for those who need such help and give thanks for the donors who make it possible. We give thanks that during lockdown we are able to use the internet to keep connected with each other in so many ways. But we pray for those who have no internet access, or insufficient data, that other ways will be found to ease their isolation. We pray for our local schools and businesses that, as the lockdown begins to ease, they will be able to resume their activities safely. And we long for the day when we can open the doors of our church once again to break the Eucharistic Fast, and to gather in praise and worship. *Pray for New York (The Episcopal Church) The Rt Revd Andrew Dietsche; Amritsar (North India) The Most Revd Dr Pradeep Samantaroy (Anglican Cycle of Prayer)*

### **THURSDAY 11-CORPUS CHRISTI: COMMEMORATION OF THE HOLY COMMUNION**

Father Almighty, whose only Son was given to establish a new covenant, hear these our prayers that we may always be one with you in your kingdom. We pray that the Church always and everywhere gives thanks for the gift of the Eucharist, that people everywhere be willing to

surrender themselves for the good of others, that the hungry receive their daily bread and that we, gathered for this Eucharist, may be nourished for the journey to eternal life. Amen. *Pray for Newala (Tanzania) The Rt Revd Oscar Mnung'a; Andaman & Car Nicobar Islands (North India) The Rt Revd Christopher Paul; Angola (Missionary Diocese) (Southern Africa) The Rt Revd Andre Soares (Anglican Cycle of Prayer)*

**FRIDAY 12-ST BARNABUS  
GOOD SHEPHERD, GRASSY PARK**

We pray for the people of the Good Shepherd Church, especially during this time of lockdown, as we navigate ourselves through the joys, blessings and challenges facing us right now. We pray for all that is being done to alleviate the plight of the needy in our community, especially the food distribution ministry and give thanks to God for the generosity of God's people. We pray for Grassy Park and surrounding areas that are highly challenged through social distancing and adhering to the lockdown guidelines. We pray for all schools and especially our school, E C Primary, as they prepare to resume teaching with the Grade 7s. We pray especially for the safety of Mr. Paul Sassman, the school principal, management teams, educators, learners and support staff. We thank God for opportunities to do and be Church differently and for all the ways in which we are reaching our parish family and beyond, through WhatsApp, YouTube, Video and Audio clips. We continue to thank God for the ministry of the clergy in this parish church, Reverends Joseph Humbles, David Hanevil, David Sylvester, and Charles Sims and their spouses, remembering also the Reverend James Belelie, our retired priest and his spouse. As we prepare and already experience the new normal, may the voice of the Good Shepherd continue to be a spiritual compass in our community. *Pray for Newark (The Episcopal Church) The Rt Revd Carlye J Hughes; Ankole (Uganda) The Rt Revd Sheldon Frederick Mwesigwa (Anglican Cycle of Prayer)*

**SATURDAY 13-Anthony of Lisbon, Religious, 1231**

O gracious Father, who opens his hand and fills all things living with plenteousness: Bless the lands and waters, and multiply the harvests of the world; let your Spirit go forth, that it may renew the face of the earth; show your loving-kindness, that our land may give her increase; and save us from selfish use of what you give, that men and women everywhere may give you thanks; through Christ our Lord. Amen. *Pray for Newcastle (Australia) The Rt Revd Dr Peter Stuart; Newcastle (England) The Rt Revd Christine Hardman (Anglican Cycle of Prayer)*

**SUNDAY 14-SECOND SUNDAY AFTER PENTECOST**

O God of love; you have created us to live in community, bless our friends who provide us with the grace and love of an extended family. Endow them with the riches of your blessings: good health, sight, and mobility, that they may enjoy the wonders of your creation and share their delight with others. Bless them with keen minds and compassionate hearts that they may create a better life for all. Guard them from injustice, oppression, and evil that they may know freedom and hope lifelong. In their waking and in their sleeping, in their laughter and in their tears, surround them with your love until the end of their days; and so bring them to eternal life in peace, through Jesus Christ, our Saviour. Amen. *Pray for the Church of the Province of Myanmar (Burma); The Most Revd Stephen Than Myint Oo - Archbishop of Myanmar and Bishop of Yangon (Anglican Cycle of Prayer)*

**MONDAY 15  
ST CLARE OF ASSISI, OCEAN VIEW**

Eternal God, we give you hearty thanks for the beauty of creation, clearly visible during this spiritual sabbatical. As fauna and flora are refreshed, may humanity also be renewed during this time of isolation. Your Spirit has moved us to reach out to the needy in our midst, and so we thank God for the COVID food parcel project in the Parish of Clare (Ocean View) and St

Matthew (Masiphumelele). We continue to intercede for the Masiphumelele building project, and for the CCT to make the final approval. We furthermore commend to God St Paul's Foster Home situated in Ocean View; we pray for the foster mother and the children, and we ask for God's favour and protection to remain with them always. In our parish we intercede for the two ordinands; Phillip Mbalula and Kulile Mafenuka, as they journey towards ordination. May God bless their studies and may God continue to nurture new vocations. Gracious Father, protect and lead the incumbent, Ulric Groenewald, his wife Althea, and children Minke' and Noah. *Pray for Ngbo (Nigeria) The Rt Revd Godwin A. Awoke; Antananarivo (Indian Ocean) The Rt Revd Samoela Jaona Ranarivelo; Jalingo (Nigeria) The Rt Revd Foreman Nedison (A C of Prayer)*

**TUESDAY 16-Special Day of Prayer: Young People**

We pray for the youth of Africa and the world, for our children in their life at home and at school, that they may be protected from evil. We ask for God's blessing on all children dear to us and for those for whom we have a responsibility. Grant that they may grow up healthy and strong, wise and good in the knowledge of God's love. *Pray for Niagara (Canada) The Rt Revd Susan Jennifer Anne Bell; Antsiranana (Indian Ocean) The Rt Revd Theophile Botomazava; Jamaica & The Cayman Islands (West Indies) The Rt Revd Howard Gregory (A Cycle of P)*

**WEDNESDAY 17  
HOLY TRINITY, KALK BAY**

We give thanks to God for this Parish and we pray for our widely spread congregation; for our pastoral presence in the community and for the many opportunities to be a caring and witnessing community. We pray for our elderly members, of whom many are single, vulnerable and at great risk during this time of the Corona Virus pandemic and for all families with children and extended family in the home. We give God thanks for the outreach from the parishioners to those who live in neighbouring communities. We pray especially for our pastoral and administrative challenges during this period of Covid 19 and National Lock down. We pray for the Parish as we adapt to new ways of being a Church during this period. We thank God for the new forms of technology the congregation embraces enabling us to have virtual services in these critical days. We pray for a greater commitment in these challenging times and we especially pray for the financial dedication of the parishioners. We give thanks for our social responsibility initiatives for the combined forces of the Kalk Bay and St. James Action Groups. We pray for all the families living in the flats and who are earning a living from fishing and who are dependent on the food support from the Parish and the Action Groups in the area. We thank God for the leadership of the Parish and we especially pray for our newly elected Church Wardens who give leadership during this extremely difficult period in our world history. Thank you, Lord, for the supportive Parish Council and for their diverse leadership skills. We pray for our Rector Fr. Wilfred and his family who have been personally affected by the Covid 19 Virus. We give God thanks for all the retired clergy who support to the Rector. We also pray for our regular outreach ministry of the Soup Kitchen at False Bay Hospital and the food parcel ministry which are on hold due to the pandemic. We also pray for our ministry to the Christian David Primary School and we ask God to keep the learners, leaders and teachers safe. Lord as we journey through these uncertain times as a Parish, as families, as a country and the world at large, help us to keep our eyes fixed on you and we know that you will deliver us from this too. Amen. *Pray for Niassa (Southern Africa) The Rt Revd Vicente Msossa; Aotearoa (Aotearoa NZ & Polynesia) The Most Revd Don Tamihere (Anglican Cycle of Prayer)*

**THURSDAY 18-Bernard Mizeki, Martyr in Mashonaland, 1896**

We give thanks to God for our local community groups and for the opportunities of joint action they give us. Help us to draw strength from one another and to work together for our objectives. Draw us together in fellowship of service and embody in us the good news of God's kingdom. *Pray for Nicaragua (Central America) The Rt Revd Sturdie Downs; Argentina (South*