

## MIDDAY PRAYERS

Draw us into your love, Christ Jesus:  
**and deliver us from fear.**

Lord, make me an instrument of your peace.  
**Where there is hatred, let me sow love;**  
where there is injury, pardon;  
**where there is doubt, faith;**  
where there is despair, hope;  
**where there is darkness, light;**  
where there is sadness, joy.

*A silence is held*

O Divine Master grant that I may not  
so much seek to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.

For it is in giving that we receive,  
**it is in pardoning that we are pardoned,**  
and it is in dying that we are born to eternal life.  
**Glory to the Father, and to the Son, and to the Holy Spirit,**  
**as it was in the beginning, is now, and will be forever. Amen.**

**Our Father** *is prayed in a language of your choice*

Make us worthy, Lord, to serve our sisters and brothers  
throughout the world, who live and die in privilege, poverty and pain.  
Give them today, through our actions and prayers, their daily bread  
and through this prayerful act of love, deep peace,  
surrender, even joy. **Amen**

Blessed are the poor,  
**for theirs is the Kingdom of God.**  
Blessed are the hungry,  
**for they shall be filled.**

Blessed are the meek,  
**for they shall inherit the earth.**

Blessed are the pure in heart,  
**for they shall see God.**

Blessed are those who mourn,  
**for they shall be comforted.**

Blessed are the merciful,  
**for they shall be shown mercy.**

Blessed are the peacemakers,  
**for they are the children of God.**

Blessed are those who are persecuted  
for righteousness and justice,  
**for great is their reward.**

The Collect of the Day

Almighty and holy God,  
your Son, in obedience to the Spirit  
fasted forty days in the desert.  
Give us grace to discipline ourselves  
that we may press on towards Easter  
with eager faith and love;  
through the same Jesus Christ  
our Lord. **Amen.**

Come, Lord Jesus, come.  
May your fragrance and  
compassion be mine. **Amen.**

*Adapted from Common Prayer:  
A Liturgy for Ordinary Radicals*